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# Island Sun

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SANIBEL & CAPTIVA ISLANDS, FLORIDA

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SEPTEMBER SUNRISE/SUNSET: 18 7:15 • 7:31 19 7:15 • 7:30 20 7:16 • 7:28 21 7:16 • 7:27 22 7:17 • 7:26 23 7:17 • 7:25 24 7:17 • 7:24

## Chloe's To Kick Off Island Hopper Songwriter Fest



Chloe's of Captiva will be styling artists featured at the Island Hopper Songwriter Fest

On Thursday, September 17, the Island Hopper Songwriter Fest will begin at Chloe's of Captiva – a fashion boutique headquartered on Captiva Island – kicking off the festivities by preparing to style some of America's favorite female songwriters.

As songwriters make their way to Captiva this week to inspire and entertain, Chloe's  
continued on page 4

## Council Approves Tentative Budget Of \$56 Million

by Jeff Lysiak

During Saturday's first budget hearing, city council unanimously approved the operating millage rate for fiscal year 2016 at last year's rolled-back rate of 1.9139 mills, with Sanibel's overall budget established at \$56,039,603.

The tentative budget presentation, delivered by the city's Finance Director Sylvia Edwards and Accounting Operations Manager Steven C. Chaipel, offered council members, department leaders and a few local residents gathered at Sanibel City Hall an in-depth analysis of Sanibel's property values, revenues and expenditures.

In the FY2016 tentative budget report, taxable property values – influenced by  
continued on page 10

## Coastal Cleanup This Saturday

by Jeff Lysiak

This Saturday, September 19, the Sanibel-Captiva Conservation Foundation (SCCF) again invites island residents and visitors of all ages to participate in an international volunteer effort to rid our coastlines and waterways of marine litter, pollution and debris.

On that day from 9 a.m. to noon, volunteers worldwide remove millions of pounds of coastal trash that can hurt local economies, injure and kill marine wildlife and choke the  
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Shae Currington, left, operations petty officer at Coast Guard Station Fort Myers Beach, presents Sanibel Fire & Rescue District Chief Danny Duncan and training officer Tim Barrett with the Coast Guard's Meritorious Public Service Award  
photo by Jeff Lysiak

## Firefighters Receive Coast Guard Award

by Jeff Lysiak

During a special ceremony held last week at Sanibel Fire Station #1, two officers from United States Coast Guard Station Fort Myers Beach presented the Sanibel Fire & Rescue District with the Coast Guard's Meritorious Public Service Award.

"The Coast Guard Meritorious Public Service Award is the second highest public  
continued on page 4



"Ding" Darling NWR wants "every kid at the refuge"

## 'Ding' Darling Issues Free Passes For Fourth Graders And Families

As part of President Barack Obama's recently announced Every Kid In A Park initiative, JN "Ding" Darling National Wildlife Refuge on Sanibel Island is participating by issuing free annual passes to any fourth-grade student and home-school equivalent. The passes are valid through August 2016 at any national wildlife refuge, national park or forest, and other federal land for every fourth grader with a

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## The Community House Songs On Sanibel

The Sanibel Community House is continuing to feature talented singers/songwriters performing their works. The series is called Songs On Sanibel, and will consist of four songwriters each month that will share their original music. The format is “in the round,” where all four artists are together and each performs one song at a time after telling the story of where each song came from.

The next event will be held on Tuesday, September 22 from 7 to 9 p.m. Beverages and coffee will be available by donation. Bring your own snacks. A donation at the door of \$5 will be appreciated by these talented individuals. The singer/songwriters for this event include Chris Choto, Chloe Friedman, Stephen Plein and one other mystery guest.



Chris Choto

Pick one word to describe Chris Choto and it is passionate. His compelling voice and memorable lyrics allow listeners to experience the song, rather than just hear it. He has shared a stage with names such as LoCash, Michael Ray and The Lacs. This 23-year-old is mentored by and co-writes with those whose credits go to Montgomery Gentry, Tim McGraw and Keith Urban.



Chloe Friedman

A Florida native, Chloe Friedman has been performing since age 8 and began writing music when she was 13. She built a foundation on a musical theatre background, playing the role of Little Orphan Annie in three different productions. At 24 years old, Friedman is now a seasoned performer, playing over 100 shows a year with two original music solo albums under her belt and a third on the way blending a mix of country and pop. Still residing locally in Naples, Friedman continues to work on her craft as a solo artist and writer. In 2013, she opened for John Ondrasik of Five for Fighting on his solo tour at Mercato in Naples. Last fall, she joined the lineup of songwriters for the inaugural 2014 Island Hopper Songwriter Fest.



Stephen Plein

A born native of Fort Myers, Stephen Plein carries a traditional sound pulled from the land itself. With poignant lyrics and soulful melodies he demands the attention of any listener who's been given ears to hear. After his recent graduation from the University of Miami, he returned to Sanibel Island in search of a change of pace that he felt necessary to reconnect with the simplicity that drives the writing style found in his music. He continues to sing at the Island Hopper Songwriter Fest, and helps to organize these intimate events.

### What's Cooking



Watermelon

Watermelon Heirloom Tomato Salad, New Orleans Style Shrimp and Grits and Warm Apple turnovers are three very popular menu items at Sweet Melissa's Café on Sanibel. At the Wednesday, September 23 Community House Potluck, restaurant owner Melissa Talmage will demonstrate how this three-course meal can be prepared by any “non-chef” that loves to eat, entertain or impress family with beautifully presented meals.

Islanders know her as the creative star of Sweet Melissa's Café, but Executive Chef Melissa Talmage's resume is additionally impressive, with training at Manhattan's French Culinary Institute followed by the kitchens of some of the most respected restaurants in the United States including Union Cafe in New York City and Commander's Palace in New Orleans. Talmage came to Sanibel with her family in 2009 to develop menus and create Sweet Melissa's Café. The chance to connect with other food lovers outside of her work kitchen has drawn her to The Community House to present at the September event.

Monthly potlucks at The Community House have been a great way to share a prepared dish, meet other folks, enjoy a food related presentation and sample the delicious results. Bring your favorite appetizer, salad, entrée or dessert (enough to serve six) for the 6 p.m. gathering. It's BYOB with water, iced tea and coffee supplied by The Community House.

It will also be an opportunity to hear



Melissa with menu

more about the House Kitchen Guild, a new Community House group that brings together people with all types of food interests. Cooking, canning, growing, meal planning, entertaining, wine and spirits, and nutritional education are some of the ideas that are being discussed as possible directions for future presentations. An overview of the plans for redevelopment of The Community House will be available at the potluck. Be the first to see what the 2016 remodel will include, like a large commercial kitchen where food passion and education can become reality right here in the House.

This is a free event and well attended, reservations are greatly appreciated for planning purposes only. Call the office at 472-2155 to let them know you're coming and continue to watch for this ongoing *What's Cooking* column in the newspaper as they share happenings, recipes and activities.

### Drawing On The Right Side Of The Brain

Enhance creativity and artistic confidence through thought and perception with a six-session course on drawing. Cost is \$150 for members, \$180 for guests.

Monday session dates are September 28, October 5, 12, 19 and 26 and November 2 from 10:30 a.m. to 12:30 p.m.

These basic level drawing exercises are intended for a beginner in drawing, however, the true subject is perception. Bringing the right brain hemisphere functions into focus and learning how to “see” in new ways, the student will discover how to transfer perceptual skills to thinking and problem solving.

Michelle Doss Irvine, the instructor, has her bachelor of fine arts degree in graphic design from Auburn University. She also teaches at the Alliance for the Arts and Vino's Picasso. She said, “I am really looking forward to teaching this course on Sanibel.”

The course is open intermediate and advanced artists as well. Materials needed: sketchpad, pencils and eraser. Wear comfortable clothing. Pre-payment and registration are required by calling 472-2155. You can also sign up and pay on the website at [www.sanibelcommuni-](http://www.sanibelcommuni-)



tyhouse.net. A full refund will be issued if cancelled within 72 hours of the first class. A minimum number of students is required.

### German Fest



Hafenkapelle Harbor Band

The Community House welcomes the Hafenkapelle Harbor Band on Friday, October 9 from 5 to 9 p.m.

Everyone is encouraged to attend this fun night in celebration of German Fest, Sanibel-style. The 10-piece band will be performing both German and American music – think polka's and The Chicken Dance! This is meant to be a community-wide festivity featuring special German foods like beef rouladen, red cabbage and spaetzel. Cost for adults is \$25, children (when accompanied by an adult) are \$5. Point Ybel Brewery will be on hand to showcase their specialty brews. Also, Time To Make Wine will have a demonstration on how to make beer. Check out the Beesting cakes for an additional \$3.

Attendance pre-payment and registration is encouraged.

### Life Line Screening

The Community House will offer a preventive health event on Tuesday, October 20. Life Line Screening, a leading provider of community-based preventive health screenings, will host their affordable, non-invasive and



Life Line screening

painless health screenings. Five screenings will be offered that scan for potential health problems related to: blocked arteries, which is a leading cause of stroke; abdominal aortic aneurysms, which can lead to a ruptured aorta; hardening of the arteries in the legs, which is a strong predictor of heart disease; atrial fibrillation or irregular heartbeat, which is closely tied to stroke risk; and a bone density screening, for both men and women, used to assess the risk of osteoporosis. Register for a Wellness Package which includes four vascular tests and osteoporosis screening from \$149 (\$139 with our member discount). All five screenings take 60 to 90 minutes to complete. In order to register for this event and to receive a \$10 discount off any package priced above \$129, call 1-888-653-6441 or visit [www.lifelinescreening.com/community-partners](http://www.lifelinescreening.com/community-partners).

The Community House is located at 2173 Periwinkle Way. For more information, visit [www.sanibelcommunityhouse.net](http://www.sanibelcommunityhouse.net) or call 472-2155.✴



Looking Back:

## Landmark – FA Lane Cottage 1912



Visit the History Gallery to learn more about the unique and diverse history of Captiva. Interpretive panels and touch screen access to historic photos are featured. Step aboard a wooden replica of the old mailboat *Santiva* to capture the spirit of the island. The History Gallery is accessed through the Captiva Memorial Library, located on Chapin Lane and open during library hours. This week's image is This cottage was built between 1912 and 1914 by F.A. Lane for his wife. He filled all the lowland along the bay from the Captiva Lodge to Randall's Dock. From 1911 to 1915, Lane built the Captiva Lodge, also known over the years as The Bayview Hotel, Fisherman's Lodge and The Captiva Hotel. Many photos like this (that capture the unique and diverse history of Captiva) are featured through graphic and video panels in the History Gallery, developed by the Captiva Island Historical Society. All ages are welcome to visit the History Gallery and learn about the combination of historical events and people that shaped Captiva.

photo archives of the Captiva Island Historical Society

## Thanking Captiva Holiday Village Supporters

submitted by Sandy Stilwell

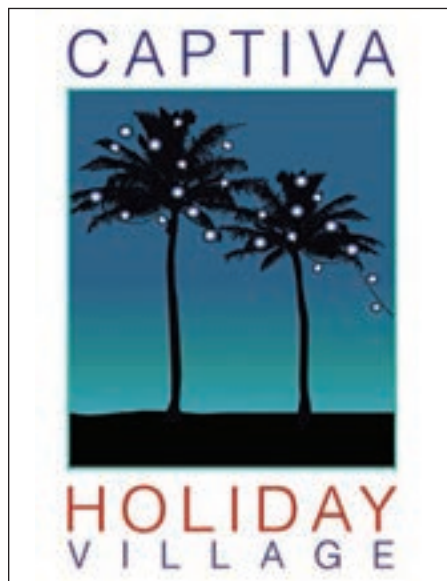
A big thank you for helping raise \$12,800 toward the Captiva Holiday Village. This will help us make the Holiday Village a reality!

A huge shout out to those who have given/pledged. They are as follows:

Beach Stuff, Jensen's Marina, Stilwell Enterprises, The Mucky Duck, Crews Environmental, Cloe's Of Captiva, 2 Islands Gallery, ReMax, American Realty, John & Denice Beggs, John Naumann & Assoc., Bank of the Islands, Karen Bell & The Bell Team, Sotheby's and Larry Northrop Landscape.

As we all know, 'Tween Waters Inn and South Seas Island Resort individually light their respective areas and sponsor events. Please take note of the exceptional businesses who stepped up to the plate this year. Also, if you are on business and your name is not listed, it's not too late to participate.

I'm now passing this over to Paul McCarthy and Jeff Shuff for their leadership as they are in charge. I understand that decorations will be up before Thanksgiving in the Village. I look for-



ward to the 'Tween Waters tree lighting, Captiva Luminary night, Golf Cart Parade and hosting the concert in the parking lot across from Keylime Bistro again and the Captiva Boat Parade awards ceremony after the parade.

Please send checks made payable to Captiva Holiday Village to Sandy Stilwell, P.O. Box 848, Captiva, FL 33924, and I will turn in all checks.

For more information, visit [www.captivaholidayvillage.com](http://www.captivaholidayvillage.com).✱



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From page 1

## Free Passes

pass, accompanying siblings up to age 15, and up to three accompanying adults.

“President Obama’s Every Kid In A Park program is part of his ongoing efforts to get kids outside and enjoying nature,” said Toni Westland, supervisory refuge ranger at “Ding” Darling. “That has been our goal for years, so we are taking it a step further to encourage fourth graders and their families.”

Obtaining the free annual pass – a value of \$80 – requires fourth-grade students to print out a voucher, found online at [everykidinapark.gov](http://everykidinapark.gov). Fourth graders can complete the voucher and

take it to the fee booth on Wildlife Drive to receive their pass. They must present a printed voucher; electronic forms are not accepted.

“We are working with local schools to create videos to promote this program and are planning a special day at the refuge for fourth graders and their families,” said Westland. “We will be further promoting it at ‘Ding’ Darling Days’ free Family Fun Day on Sunday, October 24. We are shooting to issue the most passes of any national wildlife refuge, and there are more than 550 of them.”

For more information on the Every Kid In A Park pass, visit [everykidinapark.gov](http://everykidinapark.gov). For questions about obtaining a pass at “Ding” Darling NWR, call 472-1100 ext. 237.✪

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## Coast Guard Award

service award of its series that the commandant of the coast guard may award,” said Shae Currington, operations petty officer. “The criteria that must be met is very stringent. Your departments had to meet the following standards to even be nominated for the award.”

The award, delivered by Chief Warrant Officer Robert Gruschow, commanding officer of Station Fort Myers Beach, recognizes:

- Unusual courage in advancing a Coast Guard mission
  - Substantial contribution to the Coast Guard that produced tangible results
  - Specific individual accomplishments that provide unique benefits to the public
- “The Commandant of the United States Coast Guard takes great plea-

sure in presenting the Coast Guard Meritorious Public Service Award to the Sanibel Fire & Rescue Station in recognition of their service to the nation and their strong support of the United States Coast Guard since January 2004,” Gruschow read from the proclamation: “To improve search-and-rescue response, Sanibel Fire & Rescue – along with other Lee County first response leaders – spearheaded the development of the Lee County Maritime Emergency Response Team (MERT). Utilizing the Incident Command System, Sanibel Fire & Rescue partnered with eight additional local marine police and fire rescue departments to enact a system of strict policies and procedures to significantly bolster response times, improve asset availability, and enhance marine safety services.”

The U.S. Coast Guard’s Meritorious Public Service Award was accepted by Sanibel Fire & Rescue District Chief Danny Duncan and Training Officer Tim Barrett.✪

From page 1

## Chloe’s To Style Island Hopper Songwriters

of Captiva is prepping to work with the female artists of the Island Hopper Songwriter Festival and ensure they’re fabulously fitted for their performances. In return, the songwriters have agreed to share their personal styling experience with the crowds. Chloe’s goal is to make the songwriters feel welcome to the Island and hopes to drive traffic to both the storefront and website, [ChloesOfCaptiva.com](http://ChloesOfCaptiva.com).

Soon to be decked out in fashion forward island wear, songwriters like Bonnie Bishop and Ruthie Collins will be stopping in to be treated like the stars they are while having their personal styling sessions. Shelley Skidmore and Kimberly Kelly will follow as they dabble in Chloe’s “fun, feminine and carefree,” clothing and accessories.

“We want to insure that we are representing their personalities with stylish pieces from our boutique, so that they are comfortable and confident,” store

manager Chelsea Roberts explained. She and Chloe’s stylist Catrina Gunter will go through the racks to pull their favorite and most appropriate Island Hopper gear. The duo has no choice but to get creative with the heat that the songwriters will be trying to beat as they belt out lyrics beneath the stars and strum on their guitars.

Sticking to loose and lightweight fabric will be the clothing motto for this weekend’s performers and attendees alike. There is something about jetting off to the island that summons the floral maxi-dress and traditional Hawaiian prints. Chloe’s will include these island-style traditions while making sure each of the songwriters stick to their trademark look.

Attendees can spot the ladies in their Chloe’s of Captiva wardrobe at the following performances:

- Friday, September 18  
6:15 p.m. – Ruthie Collins, South Seas Captiva Ballroom  
8:45 p.m. – Bonnie Bishop, Crow’s Nest  
Saturday, September 19  
3:30 p.m. – Kimberly Kelly, Doc Ford’s Captiva  
6 p.m. – Shelley Skidmore, Doc Ford’s Captiva ✪

## Bailey’s Campaign For FISH To Begin

Bailey’s General Store, located at 2477 Periwinkle Way and Bailey’s Marketplace, located at Sundial Beach Resort & Spa, 1451 Middle Gulf Drive, will begin its annual Throw FISH a Lifeline campaign on Sunday, September 27. A display explaining about FISH and its food pantry needs will be located at the front of the Periwinkle Store, giving customers the option to add money, in \$10 increments, to their grocery bill at checkout.

“It’s as easy as 1-2-3. Donating to the FISH food pantry to help our friends and neighbors has never been easier, just follow these simple steps: 1) Tear off the coupon located at the display or register; 2) Take the coupon to the register at either Bailey’s location when you are ready to check out, and 3) Sign the coupon and give to cashier when paying for your purchases. We’ll do the rest. We understand these times are

difficult and many of our neighbors and friends are feeling the economic crunch. We will put your money to work as we order in volume to distribute necessities to the FISH food pantry,” said Bailey’s owners Mead and Richard Johnson. “FISH will be able to use the account credit purchase bulk groceries most needed for the food pantry at wholesale prices, helping FISH get more value for their donations.”

While the FISH food pantry receives the support of many islanders throughout the year, some food items are in high demand and are harder to keep in stock. This partnership with Bailey’s allows FISH to directly request the specific items needed in the pantry at the time of ordering. “The fact that people are willing to give is very healthy for our community,” said the Johnsons. “The dollars you give at the checkout really help our island neighbors.”

“Bailey’s has been a great friend and neighbor to our organization for many years, offering abundant support in so many ways,” said Maggi Feiner, FISH president and CEO. “We are very grateful to Mead and Richard for coming up with this idea, and to the Bailey’s store and staff for encouraging customers to donate. This is the third year they have facilitated the Lifeline campaign, and we extend our sincere gratitude for their help.”✪

## HORTOONS





# Catastrophic Lightning Strike Destroys RECON Sensor



At left, the new RECON sensor before installation. At right, the sensor at Beautiful Island after a lightning strike. The boards were fried, there were burn marks and the rail holding the sensor on has been flown off.

According to the SCCF Marine Research Laboratory, a direct and catastrophic lightning strike has destroyed the RECON sensor station at Beautiful Island. Because Florida is America's lightning capital, the eight-sensor network was outfitted with lightning arrestors. These arrestor devices are designed to divert the energy from a lightning strike away from the sensors. While they have provided protection throughout the network over the last eight years, the severity of the direct lightning strike to the Beautiful Island sensor proved too powerful to arrest, and the destruction is irreversible.

The sensor was not insured due to prohibitively high premiums, and its replacement is imperative. SCCF's Marine Research Laboratory is asking the public to consider making a tax-deductible contribution towards that effort.

RECON – the River Estuary and Coastal Observing Network – is the essential technology our scientists use to understand the water quality surrounding Sanibel and Captiva. Transmitting hourly data – 24 hours a day, 365 days a year – RECON bol-

sters SCCF's public policy outreach in countless ways. Since its 2007 launch, RECON has become the official scientific record for local governments, water management agencies, and citizens concerned about water quality from Lake O all the way to North Captiva and the Gulf of Mexico.

Replacing the sensor will cost \$42,620. There is no SCCF reserve to cover that cost, and their scientists are not optimistic about their efforts to quickly pursue grant funding at the local, state and federal levels.

For more information or to make a financial contribution, contact SCCF's Cheryl Giattini at 395-2768 or [cgiattini@sccf.org](mailto:cgiattini@sccf.org).

## Top Ten Books On The Island

1. *The Hound of the Sanibel Sunset Detective* by Ron Base
2. *Lighthouse Point* by Lisa Poston Murphy
3. *The Last Train To Paradise* by Les Standiford
4. *Fortunately, The Milk* by Neil Gaiman

5. *Six Mornings on Sanibel* by Charles Sobczak
  6. *Make Me* by Lee Child
  7. *Sanibel Flats* by Randy Wayne White
  8. *The Sanibel Sunset Detective* by Ron Base
  9. *The Husband's Secret* by Liane Moriarty
  10. *North of Havana* by Randy Wayne White
- Courtesy of Sanibel Island Bookshop\*

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**Jack Daniel's 1.75 ltr. Reg. \$50.99  
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**Kendall Jackson Chardonnay 750 ml. \$13.99**

**Santa Margherita 750 ml. Reg. \$25.99  
SALE \$22.99**

**Kim Crawford Sauvignon Blanc 750 ml. \$15.99**

**Rombauer Chardonnay 750 ml. Reg. \$42.99 SALE \$39.99**

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With Rector Ellen Sloan, Sunday School children tell the story of Christmas during the church's Christmas Eve service

## St. Michael's Sunday School Begins October 4

St. Michael and All Angels Episcopal Church invites all school children in kindergarten through fifth grades to attend its Sunday Bible School, beginning October 4. The school runs concurrent with the Sunday Service, held at 9:30 a.m. through October and at 10:30 a.m., beginning on November 1. The school is 45 minutes long, after which the children return to the sanctuary to participate in Holy Communion. The school continues each week through the end of May.

Coordinator and lead teacher for the Sunday School program is Donnalee Washburn, a veteran educator of young children. Donnalee, who holds a bachelor's degree in elementary education and a master's degree in technology from Florida



Sunday Schoolers Mia Kjoller and Chef and Carter Sproles prepare for the first class

State University, taught elementary-age children at Canterbury School for 23 years. With nearly 30 years of experience teaching Bible classes to children, she has led the Sunday School program at St. Michael's since 2011.

Donnalee incorporates hands-on arts and crafts to illuminate Bible study for children. Each week features an important story from the Old or New Testament, coinciding with the holy days or seasons of the church year. The first few classes, during Trinity, are devoted to Baptism. The Advent lessons, in early December, relate the coming of Christ. During the Christmas Eve service, all children participate in a Christmas play, with music, about the birth of Jesus and the visits of the Shepherds and Three Kings. After the New Year come the stories of Christ's miracles and the lessons that they convey. Each week, the children create cardboard sculptures or poster art, made with simple materials, that illustrate the stories. Donnalee said, "We try to bring the stories of the Bible to life and create a cozy place for the kids to make new friends."

The classes are divided into two sections, one for kindergarten through third grade, and the other for fourth and fifth graders. Individuals interested in teaching Sunday School classes should contact St. Michael's Rector Dr. Ellen Sloan. Donnalee provides teachers with lesson plans.

To register, or inquire about the classes, contact Dr. Sloan at 472-2173.

The church is located at 2304 Periwinkle Way. For details, call 472 2173 or visit [saintmichaels-sanibel.org](http://saintmichaels-sanibel.org).



These five little piglets - Dawsyn Dewing, Kayla Cavanagh, Simon, Hazel DeCosta and Maja Mossberg - would like to invite you to Pigs In Paradise, a pig roast event for the whole community that will benefit the Children's Education Center of the Islands

## CECI To Host Pigs In Paradise

The Children's Education Center of the Islands invites community members to its inaugural Pigs In Paradise pig roast on Sunday, October 18 from 4 to 8 p.m. at The Community House, 2173 Periwinkle Way. Proceeds from the event will help fund student scholarships as well as capital improvements to the facility.

The family-friendly evening will feature pigs roasted in two different styles by CECI parents and staff. Admission will include roasted pork, sides, beverages and a cookie sundae bar. Beer and wine will also be available for a suggested donation.

Tickets are \$30 in advance, \$35 at

the door and \$10 for children ages 13 to 18; kids 12 and under are free. The preschool strongly recommends that people buy tickets in advance so they can get an accurate head count.

Area businesses are invited to sponsor the event. Currently, sponsorships are available at the silver (\$250), gold (\$500) and platinum (\$1,000) levels. Sponsorships includes tickets to the event and display in promotional materials.

The preschool, which opened in 1974, serves families who live or work on Sanibel and Captiva. It is open to children ages 18 months to 5 years.

To register you children, buy event tickets, become a sponsor or donate items to the silent auction, call Ms. Cindy at 472-4538.

## Cooking With Kids Program

The Cooking With Kids program, sponsored by FISH, in partnership with Dr. Loureen Downes, professor of Florida Gulfcoast University, unites young chefs with their parents to learn about nutrition to create kid-friendly meals. Cooking With Kids will be held at St. Michael & All Angels Episcopal Church from 6 to 7:30 p.m. on Tuesday, September 29. The program motivates and empowers children and their families to make healthy food choices through hands-on activities.

Dr. Downes will teach participants about food safety and various cooking

techniques. Children and their parents will discover that delicious food can be easy to prepare and is an important way to take care of health and wellness. During the event, Downes will use foods that most everyone has on hand in their own homes to demonstrate the importance of a balanced diet. Once the meal is prepared, everyone will have an opportunity to taste their kitchen creations.

"We focus on education and nutrition while highlighting the joy of cooking with family and friends. Once again, thank you to St. Michael & All Angels Episcopal Church for offering to host such a wonderful program," said Christine Swiersz, FISH program director.

For more information and to RSVP, contact Christine Swiersz or Jessi Zeigler at 472-4775.

## Community CPR/AED/First Aid Course At Sanibel Recreation Center

The American Red Cross Community CPR/AED/First Aid course will be held Sunday, September 27 from noon 5 p.m. at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

The course provides participants with the knowledge and skills necessary to sustain life and minimize the consequences of injury or sudden illness until advanced medical help arrives. Upon successful completion of this course, participants will hold an adult, infant, child CPR/AED/First Aid certification valid for two years.

The cost of the course is \$73.50 for members and \$96.25 for non-members and includes all materials. Skills acquired in this course cannot be applied to a lifeguarding certification as this course certifies participants in rescue skills for lay responders, not professional rescuers.

For more information contact Tasha Maddix, Aquatics Manager, at [tasha.maddix@mysanibel.com](mailto:tasha.maddix@mysanibel.com) or call the Sanibel Recreation Center at 472-0345.





Water has already begun to flow into the A-1 Flow Equalization Basin, South Florida Water Management District's new project to improve water quality in the Everglades

## Construction Nears Finish On Everglades Water Quality Project

With 16,500 cubic yards of concrete, 2,100 tons of steel and 21 miles of levees, a massive new South Florida Water Management District (SFWMD) project to improve Everglades water quality is nearing completion and set to start operations.

Water already has begun flowing into the A-1 Flow Equalization Basin (FEB), which will help optimize wetlands that clean phosphorus from water before it reaches the Everglades. The basin will be the first project completed as part of the State's Restoration Strategies plan to improve

water quality for the River of Grass.

"Completing this significant project and continuing progress on others is how we achieve water quality goals," said Jeff Kivett, SFWMD Director of Operations, Engineering and Construction. "The A-1 will soon be fully operating and providing its intended critical restoration benefits to the Everglades."

### A-1: How It Works

With the capacity to hold 60,000 acre-feet of water at a site west of U.S. 27 in Palm Beach County, the A-1

was designed to capture and store peak stormwater flows during the wet season or during heavy rainfall events.

Emergent vegetation such as bulrush and cattail planted within the site will help reduce the concentration of phosphorus in the water.

A system of 21 miles of earthen levees and 15 water control structures – 10 with solar power – within A-1 gives water managers the new ability to deliver water at the right time and in the right quantity to the vast Stormwater Treatment Areas (STAs) 2 and 3/4 to the south and east.

Achieving optimal water flow to these constructed wetlands enables emergent and submerged aquatic vegetation such as southern naiad to most effectively and naturally remove nutrients from the water that eventually flows to Everglades National Park.

The District operates a network of five STAs south of Lake Okeechobee with an effective treatment area of 57,000 acres. Since 1994, the treatment areas have retained more than 2,012 metric tons of total phosphorus that would have otherwise entered the Everglades.

### Fast Facts

Construction of the A-1 required massive amounts of land, material and heavy

equipment, including,

- 15,000-acre footprint
- 1.6 million cubic yards of fill material, all mined on-site
- 3.1 million cubic yards of muck was degraded and used as topsoil
- 23 massive, 40-ton articulated dump trucks
- 150 construction personnel on-site each day

Construction of the A-1 benefited from significant work already completed at the site for a reservoir originally planned to provide deep water storage, known as the EAA Reservoir.

### Key features of the plan include:

- Design and construction of 116,000 acre-feet of additional storage adjacent to existing Everglades STAs, better controlling water flow into the treatment wetlands and thereby improving their performance. These storage areas, known as Flow Equalization Basins, will be designed to assist all five Everglades STAs.

- Design and construction of the Stormwater Treatment Area 1 West expansion, increasing by 50 percent the treatment capacity of water quality facilities currently discharging into the Arthur R. Marshall Loxahatchee National

continued on page 24

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Sanibel Cub Scout Wolf Den leader Kara Stone, left, instructs her scouts on the proper way to salute the American flag during last Tuesday's meeting at Sanibel Community Church. Also pictured is Cub Master Brian Boyd, third from right.

photos by Jeff Lysiak

## Scouting On Sanibel Seeking New Cubs

by Jeff Lysiak

What do astronaut Neil Armstrong, movie director/producer Steven Spielberg, Baseball Hall of Famer Hank Aaron and U.S. President Gerald Ford have in common? Besides being some of the most accomplished Americans in history, they all got their start as a member of the Boy Scouts of America.

Here on Sanibel, Boy Scout Pack 140's Wolf Den 2 – open to boys in grades 1 through 5 – is offering the opportunity to become responsible,

participating citizens and leaders who are guided by the Scout Oath and Law.

"As a parent and volunteer, I have loved watching my own boys and their friends start out in scouts wide-eyed and gradually gain confidence and responsibility," said Kara Stone, Sanibel Cub Scout Wolf Den leader. "The program teaches the boys to work together and celebrates their best efforts. Adults guide them and teach them, and then we watch them grow."

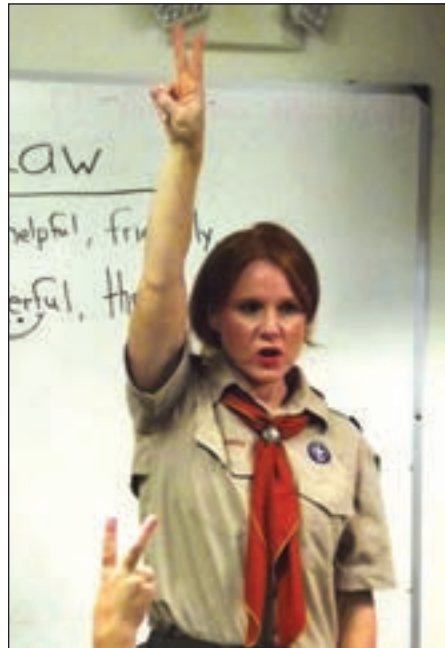
According to Stone, the group meets in small, grade-level "dens" on a weekly basis here on Sanibel, and as a larger, multi-grade "pack" on a monthly basis at Faith United Methodist Church in Fort Myers. Activities include those involving leadership, teamwork, outdoor skills, civil responsibility, service work, first aid and family camping.



Returning scouts Drake Stroud and Charlie Stone



Cub Scouts Max Doster, Nicholas Tison and Kyler Kouril formed a three-man team for a game at last week's gathering



Kara Stone shows her scouts the silence signal



Returning scout Kyler Kouril introduces new scout Max Doster as Wolf Den leader Kara Stone looks on

To learn more about joining the Cub Scouts, youngsters and their parents are encouraged to attend Scout Night, held at The Sanibel School's cafetorium on Tuesday, September 22 from 6 to 7 p.m. There, attendees may pick up an application form and discuss activities the scouts have planned this year.

Asked what he might say to a prospective scout, Boyd responded enthusiastically: "Do you like helping others? Do you want adventure, fun learning, teamwork, sharing great experiences and exploring new horizons? Scouting is for all, young and old. And for the entire family as well. Come join us and enjoy being a part of a great team!"

In addition, there will be a local training session for those parents willing to volunteer as den leaders on Saturday, September 26.

"Belonging to a cohesive den with boys of the same age and working to become responsible and knowledgeable citizens is so valuable," added Stone. "I recently watched a local young man earn his Eagle Scout, and he shared how much scouting has brought to his life. The fun experiences and values are so helpful throughout your entire life."

Kim Kouril, watching her son Kyler participate at last week's meeting, praised the scouting experience.

"My boys have learned to challenge themselves and help others – they've been taught first aid and CPR, learned how to set up a tent and pack their own supplies. And most of all, they've enjoyed the camaraderie with their fellow scouts," said Kouril, whose older son Kenny recently advanced to the Boy Scouts. "They keep building upon what they've learned, so they can expound upon that when they join the Boy Scouts."

For additional information about joining the Cub Scouts on Sanibel, contact Kara Stone at 223-4625 or karastone5@gmail.com.✱

## An Inside Look At Wildlife Recovery



Baby squirrel sleeping in human hand

CROW is not permitted to display its patients to the public, so this hour-long presentation offers the next best thing: numerous candid snapshots of current and past patients, with commentary by Claudia Burns, a veteran clinic volunteer.

The next CROW Picture Show will be held on Friday, September 25 at 11 a.m. in CROW's Visitor Education Center at 3883 Sanibel-Captiva Road, across from The Sanibel School. Admission is \$5 for adults, \$3 for teens, free for members and children 12 or under. The entry fee also includes access to the Visitor Education Center, which exhibits CROW's efforts to save wildlife through care, education and collaboration.

For more information, call 472-3644 ext. 228 or visit [www.crowclinic.org](http://www.crowclinic.org).✱

Baby squirrel sleeping buddies

photos courtesy of CROW

The CROW Picture Show presents informative anecdotes about the native and migratory wildlife species brought to the Clinic for the Rehabilitation of Wildlife, along with photos of patients admitted to the facility.

In 2014, CROW's wildlife hospital cared for 3,410 sick, injured or orphaned animals. Of the 200 different species, 57 percent were birds, with 37 percent mammals and six percent reptiles.



# Rotary Happenings

submitted by Shirley Jewell

Here's an edited version of my favorite childhood cartoon *Mighty Mouse* theme song: "Who do you call to save the day? On the sea or on the land, he's got the situation well in hand!" For us on the island, it's the Sanibel Fire and Rescue Department.



Sanibel Fire & Rescue Assistant Chief Matt Scott

Last Friday morning, SFRD Assistant Chief Matt Scott stepped in at the last moment volunteering to be guest speaker at Rotary, noting that part of the department's public information campaign is getting out and letting islanders know what the department does beyond putting out fires. Actually on the island, that is a great deal.

First off, SFRD personnel are not Sanibel city employees. They are part of the Lee County, Florida Fire Department and Public Safety Program. Sanibel has two fire stations on the island – Station One, located on Palm Ridge Road, and Station Two, located on Sanibel Captiva Road – covered by 28 full-time staff; over half of the staff are emergency paramedics. In addition, the department maintains and operates the water rescue operation located at the east end of the island right off the Sanibel Causeway. The department covers fire/rescue services including fire operations, advanced life support (non-transport), advanced water rescue, hazardous materials response, and confined space rescue. This department is responsible for the safety of its 6,500 year-round residents and (during season) as many as 20,000 to 30,000 people.

Fire related calls only count for a very small percentage of their everyday activities. Emergency medical calls are by far their most active area. They respond immediately and some may question the response of the fire truck for medical emergencies. Scott explained that shift personnel are assigned to their fire department duties and are on-call for emergency medical calls. The fire department doesn't have a dedicated medical emergency vehicle and cannot transport or admit anyone to the hospitals on the mainland. Medical emergency vehicles for this usage must come from the mainland. Sanibel fire trucks carry medical emergency equipment and supplies. The fire department will, therefore, respond to medical emergency calls with the fire truck and EMTs to stabilize patients until the arrival of the emergency vehicle from the mainland.

Along with their everyday responsibilities, the SFRD must plan and train for water rescue operations and potential hurricane and storm emergency activities. During Hurricane Charley in 2004, the department was put to the test. An emergency management team of both city personnel and SFRD employees worked together to protect islanders, visitors, workers and property from the extreme weather hitting the island. Evacuation of Sanibel was mandatory

and was called for; securing what they could on the island and knocking on doors to get people to leave the island, the fire department then took all fire department equipment to Alico Arena for safekeeping. As soon as the danger cleared, the fire department equipment crossed the causeway to help secure and evaluate the damage on the island. What they found was an impassible route to the fire stations. Periwinkle Way and the Gulf roads were block with felled trees and other debris. As soon as there was a passable entry to the island, checking for emergency situations of people who did not evacuate the island during the hurricane, checking properties on the island for safety and possible fire hazards became a priority for the department.

Not only does the SFRD continually train for emergencies themselves, they provide a number of emergency training programs for the citizens of Sanibel. CPR training takes place once per month, usually the third Saturday of the month. First aid training sessions are also available by calling the station. The department helps with the Certified Emergency and Rescue Team (CERT) program, whose goal is to empower the community with the tools needed to assist each other in times of disaster. The course instructs members on how to handle various tasks that may be necessary to perform in a disaster setting. They include preparedness, fire safety, medical operations (first aid),

continued on page 37

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# INSIDE CITY HALL

From page 1

## Council Approves Budget

property sales during calendar year 2014 – rose from \$4,301,348,979 last year to \$4,511,881,958.

“The budget proposes a millage rate of 1.9139, which is equal to the rolled-back rate,” said Edwards, reading from her report. “Taxable property values increased 4.89 percent for fiscal year 2016 to \$4,511,881,958.”

Edwards also noted that the city’s Transportation Fund will be self supporting in FY2016, with no subsidy coming out of the General Fund. In addition, Sanibel traffic aides will be 100 percent funded from the city’s Beach Parking Fund.

“The operating millage rate is the lowest it’s been over the past 10 years,” added Chaipel.

Other highlights of the city’s proposed budget:

- The budget includes a 3 percent increase in sewer and reclaimed water rates.
- Approximately \$1.5 million is expected to be received in gas taxes and approximately \$1.5 million is budgeted for causeway tolls.
- The budget includes a 2 percent general cost of living wage increase for employees effective October 1, 2015, as agreed to during union negotiations with the city’s two labor unions. Additionally, the agreements provide for a possible additional 1 percent merit increase for an employee on the anniversary date of their

hire, contingent upon obtaining a rating of commendable or above on their annual performance evaluation.

- The budget includes funding for nine additional positions in various departments based on anticipated work demands.

- The city’s health care costs that are used to compute the subsidy provided to employees to assist in purchasing health insurance for fiscal year 2016 are budgeted to increase 2.9 percent, consistent with the increase in health costs from the city’s insurance provider.

- The budget includes \$200,000 in funding for the redevelopment of the Center 4 Life.

- \$2.9 million is included for capital projects in the Sewer Fund. Of this total, \$219,000 is projected to rollover from fiscal year 2015 and \$2.7 million is new funding requested.

- The budget includes a 3 percent increase in operating support the city provides to Community Housing Resources, Inc., a non-profit organization that provides below market rate housing for individuals living within the city limits.

Each member of the city council, excusing Vice Mayor Mick Denham, who was absent from the meeting, appeared pleased with the budget as presented.

“I’d love to compare us to any other community in Lee County,” said Mayor Kevin Ruane, who noted that the city’s debt has been reduced from approximately \$100 million in 2006 to about \$44 million in fiscal year 2016.

“Debt goes down... millage goes down... that’s a good thing,” added councilman Marty Harrity.

Also discussed during Saturday’s session were a number of open issue items. They included delaying action on upgrading the city’s phone system, moving forward with redesigning the city’s website and opting to remove the Sanibel ballfield storage building – which has been plagued by frequent flooding, mold and a rodent infestation – and replacing the electrical portion of the facility, postponing the rebuilding of the structure itself to a future date. One third of the cost for the project – \$15,700 – will be paid for by the city, with the remaining two thirds split between Lee County and the school district.

“This is a practical solution to a problem that needs to be addressed now,” added Harrity.

In addition, Ruane requested that city staff look into the costs associated with adding a live streaming video feed to cover meetings at MacKenzie Hall on the city’s website. “It’s one thing to listen (to a meeting), but it’s great to see people’s facial expressions and body language,” he added. “I’d like to see us brought into the 21st century.”

The city’s final budget hearing will be held on Tuesday, September 22 at 5:01 p.m. at MacKenzie Hall.\*

From page 1

## Coastal Cleanup

ocean environment. SCCF’s partner in the Ocean Conservancy’s 29th annual Coastal Cleanup is Keep Lee County Beautiful.

Dee Serage-Century, SCCF’s Landscaping For Wildlife educator and local

Coastal Cleanup coordinator, said between 150 and 200 volunteers took part in last year’s effort. She is hoping just as many – if not more – people turn out for Saturday’s cleanup.

“We’re always looking for families to come out with their kids, who can get some community service hours for school,” said Serage-Century. “We’ve got a lot of groups who have already been assigned their cleanup locations, too.”

Friends, families, neighbors, co-workers and church groups are encouraged to come to the SCCF Nature Center, located at 3333 Sanibel-Captiva Road, this Saturday at 9 a.m. to check-in and pick up their Coastal Cleanup data cards and trash bags. Participants are asked to bring their own water to reduce the use of plastic water bottles. Also, please bring your own work gloves to reduce the use of the plastic gloves that will be available.

“Actually, you don’t have to do your pick up between 9 a.m. and noon on the day of the Coastal Cleanup,” added Serage-Century. “You can do it at low tide the night before when it’s cooler or earlier in the morning on cleanup day. Then, you can come by later and have lunch with us.”

Lunch and snacks on the SCCF Nature Center’s porch will be available from 10 a.m. until noon as well as a dumpster to deposit collected trash. Participants should fill out their data cards and turn them in at SCCF.

If you have any questions, want to reserve your favorite “cleanup” spot, or get your data cards ahead of time, call SCCF’s Dee-Serage-Century at 472-2329.\*



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## Sanibel Accepting Applications For General Employee Pension Board

The Sanibel City Council is currently accepting applications for the General Employee Pension Board of Trustees. The General Employee Pension Board of Trustees meets quarterly on the second Wednesday of February, May, August and November at 10 a.m. at City Hall, located at 800 Dunlop Road. The deadline for submission is Wednesday, October 14 at noon.

Any resident wishing to apply must fill out a City Council Advisory Committee application form available at City Hall, 800 Dunlop Road, call 472-4135 or visit [www.mysanibel.com](http://www.mysanibel.com) to download an application.✱

## Increases Proposed For Rec Center, Beach Parking

by Jeff Lysiak

On Saturday, the Sanibel City Council introduced a number of ordinances which would increase membership fees and facility rental fees at the Sanibel Recreation Center as well as increase parking fees and penalties at the city's beach parking lots.

Proposed are a membership fee hike of 10 percent at the recreation center for individuals – which would jump from \$157.50 annually to \$173 for island residents – and for families, which would increase from \$210 to \$231. Member-guest rates would jump 20 percent, from \$7.75 daily for individuals to \$9.30, and from \$10 daily for families to \$12.

Rates for on-island employees would also increase 10 percent; city employees/retirees and corporate memberships would jump 10 percent.

The ordinance would also increase rental fees for Sanibel-based non-profits 20 percent.

Activity fees at the rec center would increase from zero up to 20 percent, depending upon the activity. summer camp, after school care for grades 1 to 6, Fun Days, youth basketball and group swim lessons would each increase 20 percent; martial arts/tai chi and youth archery would jump 10 percent; private swim and tennis lessons would jump five percent. No increases are proposed for lifeguarding courses, babysitter and first aid/CPR/AED training and cheerleading.

An ordinance proposing an increase in beach parking fees – from the current \$3 per hour up to \$4 per hour – along with amending the city's civil penalty fee – from the current \$50 up to \$75 in the event the ticket is not paid within 14 days – was also approved unanimously.

All three ordinances are scheduled for a second reading and open public hearing on Tuesday, September 22 at 9:10 a.m.✱



In attendance at the Sanibel East dinner in Paris this year were, from left, Sanibel residents Jim and Maddy Hanlon, Barbara Joy and Tom Cooley, and Jim and Jackie Burke

## Annual Sanibel East Dinner In Paris

The annual Sanibel East dinner in Paris, France was held on September 10 at La Bastide Odeon restaurant. This traditional event happens every September when Sanibel residents who happen to be in Paris gather together for dinner.

For more information about Sanibel East dinners in Paris, contact Barbara Joy Cooley at 472-8568.✱

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The Reform Congregation of Bat Yam  
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472-2173, www.saintmichaels-sanibel.org

### UNITARIAN UNIVERSALISTS

#### OF THE ISLANDS:

Meets on the first Sunday of each month  
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Way at 5 p.m. A pot luck is held at a mem-  
ber's home on the third Sunday of each  
month. For more information call 433-4901  
or email ryi39@aol.com.✽

## OBITUARY



### MICHAEL KEVIN ANDERS

Michael Anders passed away suddenly on the evening of September 1, 2015. Mike was born on October 1, 1961 in Baton Rouge, Louisiana to Wilton Jackson Anders and Alice Mae Anders (nee Daniels), both of whom predeceased him. He is survived by his sisters, Jacki Williams and Judie Anders, and his brothers, Danny and Red Anders.

Mike was a kind, thoughtful man who reached out to help others who were struggling. He had known what hardships were and if he realized there was a way to brighten someone's day, he acted. Lending

to friends rigging a sailboat; fixing and painting things; giving people a ride or running errands, Mike had a joyful heart.

Mike loved the water and the islands. He relocated to this area over 20 years ago. He had devoted the last 10 years to caring for his disabled brother 24 hours a day, seven days a week.

His family and friends will miss him greatly. In commemoration of his birthday on October 1, Mike's ashes will be spread offshore of Captiva Pass at 10 a.m. For more information about the farewell celebration, contact mikeoctober1@gmail.com.✽

## Grief Recovery Program

Sanibel Community Church is offering programs on GriefShare, a program with direction and purpose on Mondays from 10:30 a.m. to 12 p.m. GriefShare helps you learn how to walk the journey of grief, and be supported on the way. It is a place where grieving people find healing and hope.

David and Nancy Guthrie, co-hosts of the GriefShare videos, have faced the deaths of two of their three children. These experiences help them relate to real life experiences of losses that others have faced. The GriefShare videos feature in-depth interviews with leading experts on grief recovery topics. All of these people are deeply committed to helping you heal.

Meetings will be held at Sanibel Community Church, 1740 Periwinkle Way, Room 132. For information, call 472-0382.✽

## October Prayer And Pot Luck At St. Michael's



St. Michael's Prayer and Pot Luck diners at the buffet

photo by Jan Holly

St. Michael and All Angels Episcopal Church invites residents and visitors to its first Prayer and Pot Luck for the fall season on Wednesday, October 7, beginning at 6 p.m. The first part of the meeting is held in the church's sanctuary for a half-hour devotional service, called Taken By the Hand, celebrating those who have brought the Light of Christ. Organizers for the event and lead reciters are Anne Stewart and Lee Almas. Accompanied by organist and pianist Jan Holly, the congregation participates, singing hymns for the occasion.

The Pot Luck dinner follows at 6:30 p.m. in the parish hall. Diners share their recipes at a buffet. All are welcome. Bring your favorite dish or just stop by for the camaraderie.

The church is located at 2304 Periwinkle Way. For details, call 472 2173 or visit saintmichaels-sanibel.org.✽

## It's Fun To Run At Preschool

Chloe Selby, Harrison Jones and Jonathan Chavez-Santana enjoy a run in the field behind Summit Christian Preschool at Sanibel Community Church during their free preschool through Florida State's VPK program. Running strengthens the large muscles, but it is just fun to run in the sun with friends.

There are a few openings available for children who turned 4 by September 1. Three-year-old children may also enroll in the preschool. Call Kathy Stanley at 482-7007 for more information.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market).✽



Chloe Selby, Harrison Jones and Jonathan Chavez-Santana run just for fun at Sanibel Christian Preschool

Our email address is [press@islandsunnews.com](mailto:press@islandsunnews.com)



## SCCF Sea Turtle Nesting Statistics



Loggerhead hatchlings before being released

photo by SCCF

## SCCF Sea Turtle Nesting Statistics

There was a major storm between July 18 and 20, which caused erosion all along the eastern gulf coast beaches. Storms do have an impact on sea turtles, but they have adapted their nesting strategy to accommodate for natural events such as hurricanes. Each nesting female turtle deposits several nests throughout the duration of the nesting season, essentially hedging her bets to make sure that even if a storm hits at some point during the nesting season, there is a high probability that at least a few of her nests will incubate successfully without being impacted by a storm. No

storm season is a total loss for sea turtles.

This season, 356 nests have hatched (63 on the East End, 225 on the West End, and 68 on Captiva).

SCCF sea turtle nesting statistics (as of September 11):

Sanibel East: 120 nests, 298 false crawls

Sanibel West: 402 nests, 795 false crawls

Captiva: 132 nests, 227 false crawls

Total: 654 nests, 1320 false crawls

Please observe Lights Out For Sea Turtles!

\*False crawl = A failed nesting attempt

If you have questions, or would like to know more about nesting stats on Sanibel, contact [seaturtle@sccf.org](mailto:seaturtle@sccf.org) or call SCCF at 472-2329.\*

## DivorceCare Seminar Offered

DivorceCare is a divorce recovery seminar and support group that meets at Sanibel Community Church each Monday for 13 weekly sessions. Sessions began on September 14 and will run through December 7, from 6 to 7:30 p.m.

DivorceCare features nationally recognized experts on divorce and recovery topics. Seminar sessions include Facing My Anger, Facing My Loneliness, New Relationships, KidCare and Forgiveness.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's market). Classes will meet in room 132. For more information, call 472-0382.\*



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## Few Seats Available For Celebrity Dinner

by Jeff Lysiak

With only 10 days remaining until the Celebrity Island Dinner, less than two dozen seats are available for the always fun fundraiser for The Bailey-Matthews National Shell Museum.

A large part of the fun at Celebrity Island Dinner, being held on Monday, September 28 from 5 to 9 p.m. at Traders Café and Store, 1551 Periwinkle Way on Sanibel, is having the waiters and waitresses – which includes some of the best-known

“characters” on the islands – solicit tips for their service.

For instance, one of the new celebrity waiters this year, Dan Schuyler of Lily & Co. Jewelers, has promised that if he collects \$15,000 in tips for the shell museum, at the end of the evening, he will allow his head to be shaved.

Dorrie Hipschman, executive director of The Bailey-Matthews National Shell Museum, hopes that Schuyler succeeds in his lofty fund – and “fun” – raising goal.

“Dan is a great supporter of The Bailey-Matthews National Shell Museum,” she added. “And the crazier the celebrity waiters get, the more I enjoy it!”

In addition, this year’s staff of celebrity waiters includes:

- Debi Almeida – owner and president, Sanibel Blue
- Ric Base – president, Sanibel & Captiva Islands Chamber of Commerce
- Mark Blust – VP of operations, Prawnbroker Restaurant Group
- Mary Bondurant – owner, Bondurant Realty
- Marvin “Rookie” Bradley – Rookie’s Lawn Care and Bonny’s Blooming Gardens
- Terry Igo – CEO, The Sanibel Captiva Trust Company
- Holli Martin – office administrator, Heidrick & Co. Insurance
- Trent Peake, member services manager, Sanibel & Captiva Islands Chamber of Commerce
- Shelby Peters, president at Hillgate Marketing Services
- Eric Pfeifer – Pfeifer Realty Group

At the dinner, you may run into a pirate or a mermaid, be served by a hippie or get serenaded by Elvis Presley, Bob Dylan or Barry Manilow. Almost anything can – and will – happen!

“It’s one of my favorite events because everyone has a lot of fun, and the crazy antics by local celebrities really means a lot to us here at the museum,” said Katie Ball, marketing and events manager for the shell museum.

Tickets for Celebrity Island Dinner are \$60 each and are very limited. Reservations are available by calling 395-2233 ext. 16 or online at [shellmuseum.org](http://shellmuseum.org).

Can’t attend the dinner but still want to add a tip to the account of your favorite waiter or waitress? Visit <https://emuseum.shellmuseum.org/benefit.aspx> and make your donation to benefit the shell museum.✧

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## Fish Caught



Audrey Mulka with her catch

Audrey Mulka, 7, caught and released a 31-inch snook over Labor Day weekend. Audrey lives with her parents on Sanibel and attends The Sanibel School. Her grandparents are Jim and Barbara Mulka, who also live on Sanibel.✪

## Fish Caught



Hellen and Greg Schneider with their catch

Greg and Hellen Schneider from Atlanta, Georgia caught and released a 28-inch redfish while on a Sea Reed Charter.✪

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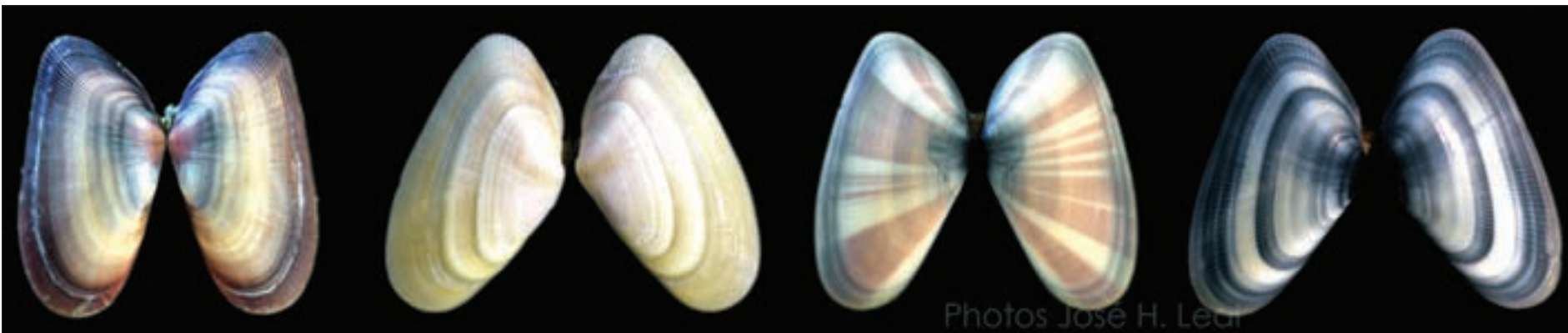
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A sample of variable coquinas from Captiva Island

photos by José H. Leal

## Shell Of The Week

## Variable Coquina



by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The variable coquina, *Donax variabilis* Say, 1822, is a small (usually a little less than one inch) and very common local clam that gets its name from the very broad range of colors displayed by the species, within a single population. (The sample shown in the photos was collected with-

in an area of about one square foot on Captiva.) Scientists believe that this extreme polychromism confuses predators of this species, preventing shorebirds from memorizing clear search images of the small clams. Coquinas are known to literally leap out of the sand after the passing of larger waves, which they identify by the vibrations they cause. Learn more about the variable coquina at <http://shellmuseum.org/shells/southwest-florida-shells?family=family-donacidae>.

## Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is

free for beach walk participants. Space is limited; book online at [shellmuseum.org/events](http://shellmuseum.org/events) or call 395-2233 to make a reservation. All beach walk participants receive half-off museum admission. (Current Island Inn guests please book through the Inn).

Daily Tank Talks, 11:30 a.m. and 3:30 p.m. Gain great insights into the fascinating world of mollusks.

Monday at 1:30 p.m.: Carolyn's Collection – A fun and entertaining look at gem-quality shells. (Please check [shellmuseum.org](http://shellmuseum.org) to note any schedule changes)

Tuesday at 1:30 p.m.: Shell BINGO

Wednesday at 1:30 p.m.: Midday Tank Talk at the Museum live mollusk tank.

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on

exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell BINGO Celebrity Island Dinner Fundraiser

– Monday, September 28, 5 p.m. at Traders Café. \$60 per person includes three-course gourmet dinner, beer and wine during dinner and epic karaoke. Advance booking required. Book online at [shellmuseum.org](http://shellmuseum.org) or by calling 395-2233 ext 16.

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit [www.shellmuseum.org](http://www.shellmuseum.org).

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## Fish Feel Fall Is Coming



by Capt. Matt Mitchell

Our weather is far from fall-like, with certainly no chill in the air yet. The fish already know, though, that the change is coming soon, as fall-like action has started

to happen. Huge schools of little fry bait can be spotted both in the bay and out on the beaches. These massive schools of tiny bait are the start of the whole fall time food chain feeding frenzy, which will include a wide variety of species of all shapes and sizes.

In the middle sound from Redlight Shoal north, birds feeding on these bait schools as they get pushed up to the surface by hungry fish was easy to locate and made for great non-stop action. A

small white soft plastic jig cast at the surface activity caught trout, ladyfish, mackerel and jacks on just about every cast. This is some crazy, fast-paced action. Keep your eyes open and have a few different rods rigged and ready for bigger game as tarpon and sharks can pop up anytime in these blitz's. For sheer numbers of fish, this action just cannot be beat.

Out along the beaches, it's starting to be the same story, too, with bait balls and feeding birds marking the places of fish feeding activity. The calmer the conditions the better, with light wind or east wind days being the best to locate surface activity. This fall beachside fishing is some of my favorite action of the whole year, with the variety of species being a making for a anglers delight. If you hit it right, out here its everything from tarpon to King mackerel and cobia all within sight of the beach. As the water cools off, more large schools of breaking bonita and acres of Spanish mackerel with surface feeding sharks all through it will all be making that annual fall migration to the south.

The big redfish schools of fall are also starting to happen, although finding a

school has been a little hit and miss yet. Shallow flats around Buck Key and on the back side of Cayo Costa are a couple of the places to get started looking for that herd of stampeding reds. I did locate one huge school this week on a channel edge by Buck Key during the morning low tide. Long casting weedless spoons and chunks of cut bait will give you more casting range when throwing to these schools. Try to land your offering well out in front of the school as throwing right into the middle of the school will send

them all running off spooked. Most of the redfish in these schools are well over the 27-inch max, but sight fishing and catching a 30-inch plus redfish in a foot or two of water is always a treat.



Enjoying a day off catching redfish

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email [captmattmitchell@aol.com](mailto:captmattmitchell@aol.com).

## Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to [press@islandsunnews.com](mailto:press@islandsunnews.com); or call 395-1213.

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## CROW Case Of The Week:

## Mottled Duck



by Patricia Molloy

Often called the Florida mallard, the mottled duck (*Anas fulvigula*) is a dabbling duck that has specifically evolved for nesting in marshes. Found year-round throughout peninsular

CROW is currently caring for a mottled duck (patient #15-2346) with a foot injury. After being treated for a couple of weeks inside of the clinic's ICU, the duck had healed well enough to be moved to an outdoor enclosure. Unfortunately, the patient suffered a set-back.

"She's back in the boots," explained Dr. Molly. "The swelling in her foot increased a little since she went outside. She's not lame in that foot, but we are keeping her in supportive boots. Other than that, she's still being force-fed and medicated in the evening." Another issue that the medical staff noticed was that the duck was not swimming once she was moved to an outdoor enclosure.

Waterfowl produce an oil that keeps their feathers waterproof and protects them against extreme temperatures. In order to stimulate the oil production, they must spend time in water. When the mottled duck was being treated inside, the staff ensured that she had daily tub time. But left to her own devices outside, the duck did not go into the pool. Why? Likely stress and depression.

Florida and along the entire Gulf Coast, it is one of the few non-migratory ducks in the country.

Mottled ducks populations are being threatened by a familiar issue: habitat loss, specifically, the draining and destruction of marshlands. But there is another issue that is jeopardizing the future of these waterfowl: crossbreeding. It is estimated that up to 12 percent of the mottled duck population in Florida is comprised of mallard hybrids.

Mallard ducks – specifically males with their iridescent green heads – are easily the most recognizable duck in North America. As a result of their popularity, mallards have been introduced to public parks that are outside of their natural breeding grounds. Crossbreeding between the two closely-related ducks has occurred so frequently that, sadly, the complete hybridization and extinction of the Florida mottled duck could result.



During tub time, the water is sprinkled with food so that the mottled duck can eat in a more natural environment. Additionally, exposure to water is essential in stimulating production of the oils that keep its feathers waterproof.

In the wild, mottled ducks do not travel in large flocks, however, they do form close bonds with their mate and often with a small group of friends. Right now, patient #15-2346 is the only mottled duck at the wildlife clinic. Despite being provided with enrichment tools, she appears to be quite lonely. The staff at CROW is eager for the patient's foot to fully heal so that the sad little duck can be returned to the wild and make those essential, life-long bonds.

As Dr. Heather concluded, "I think she's just scared. That's all it is. But it's sad. They are such a social species."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit [www.crowclinic.org](http://www.crowclinic.org).



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## Plant Smart

## Trumpet Creeper

by Gerri Reaves

**T**rumpet creeper (*Campsis radicans*) is a fast-growing native woody vine found throughout Florida and most of the eastern U.S. This member of the begonia family can grow to 40 feet or more.

Consider using it if you need a pretty wildlife-friendly vine to cover a fence, trellis, gazebo or unsightly spot, or if you need a low-maintenance groundcover.

In the wild, where it is common in woods and thickets, it can scramble up trees and "take over" a canopy. In some geographical areas, it is classified as an invasive or noxious weed.

Its ability to travel via twining stems and aerial roots can make it bothersome – even destructive – inching its way under house siding or repeatedly venturing where it's not wanted. The term *radicans*, which means "with rooting stems," indicates this propensity.

In addition, the aerial roots have an adhesive-like substance that can damage the surfaces of structures.

Pruning will be required to confine it to a specific area. Keeping it as a container plant might be the best solution.

Despite its tenacious climbing, however, this vine is loved for its vivid orange or red tubular flowers whose plentiful nectar attracts not only bees and butterflies but hummingbirds... as well as ants.

The flowers of about three inches long appear in clusters, spring through fall.



Native trumpet creeper attracts hummingbirds, bees and butterflies photo by Gerri Reaves

The opposite coarse-textured toothed leaves are two to four inches long with seven to 15 leaflets. The showy flowers contrast prettily against the dark-green fern-like foliage.

The bark is light-colored and shedding. The hard brown pod-like fruit is keeled, three to six inches long, and contains many winged seeds.

Give this drought-tolerant vine a sunny spot for maximum blooms. Propagate it with cuttings, suckers or seeds.

Both the leaves and flowers can cause skin irritation in mammals, thus the common name, cow-itch vine. The plant is

somewhat toxic if ingested.

Several ornamental cultivars are available, including a yellow one.

Sources: *Florida Landscape Plants* by John V. Watkins and Thomas J. Sheehan, *A Gardener's Guide to Florida's Native Plants* by Rufino Osorio, *Native Florida Plants* by Robert G. Haehle and Joan Brookwell, *The Shrubs and Woody Vines of Florida* by Gil Nelson, edis.ifas.ufl.edu, floridata.com and plants.usda.gov.

*Plant Smart explores the diverse flora of South Florida.*✱

## FWC Passes New Stone Crab Trap Regulations

**A**t its September meeting in Fort Lauderdale, the Florida Fish and Wildlife Conservation Commission (FWC) amended its stone crab trap regulations for stone crab traps used in Collier, Monroe and Miami-Dade counties.

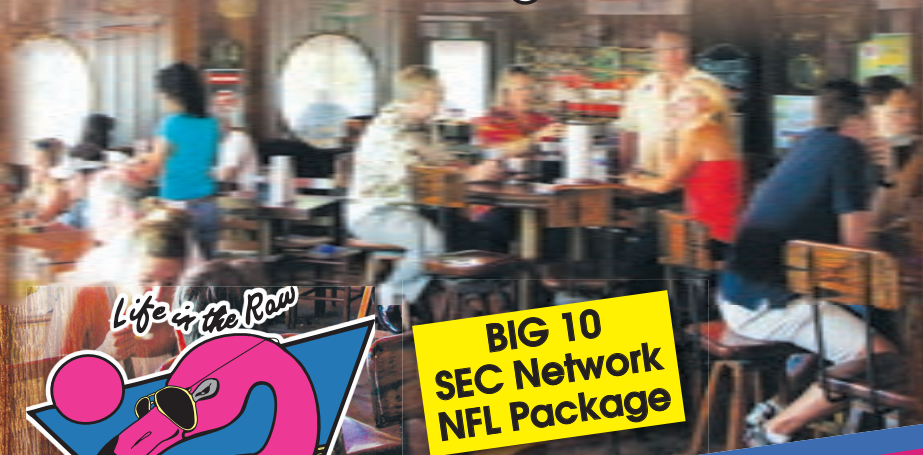
Beginning this year's stone crab season, the use of round entrances (also known as throats or funnels) will no longer be allowed for stone crab traps used in state or federal waters off these three counties. The changes will also require that the rectangular or rounded rectangular entrances typically used in stone crab traps be no larger than 5 1/2 by 3 1/8 inches at the most narrow portion of the opening.

The changes will bring the gear regulations for these three counties more closely in line with the way the stone crab fishery has traditionally operated in the region and prevent the use of stone crab traps to target lobster. The FWC did not adopt any changes to the allowable size of the overall trap, although that had been considered previously.

The new measures related to configuration of the stone crab trap entrance will be effective on October 5.

For more information on marine fisheries and stone crabs, visit [MyFWC.com/Fishing](http://MyFWC.com/Fishing) and select "Saltwater Fishing."✱✱

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## CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at [rrainbolt@crowclinic.org](mailto:rrainbolt@crowclinic.org) or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

**Friday, September 18 and Monday, September 21, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge

– Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

**Tuesday, September 22, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Birds of Prey, presented by CROW staff.

Raptors are predators whose specialized beaks and talons make them some of the most effective hunters, and Florida is home to both native and migratory species. Join CROW's staff to learn more

about these majestic birds and how their injuries or illnesses are treated at the hospital.

**Wednesday, September 23, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and are share their favorite patient stories.

**Thursday, September 24, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves

around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

**Friday, September 25, 11 a.m.**, adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like CROW should be an animal's last resort, not their first. This presentation uses past case studies, rescues and releases to teach you about safe interactions with wildlife in the community.

continued on page 41



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The National Dance Company of Siberia  
photos courtesy of Shell Point Retirement Community

## Shell Point Announces 2015-16 Concert Series

Shell Point Retirement Community has announced its 2015-16 Concert Series, which brings a variety of local and international performers to Shell Point's campus in three distinct musical series: Fine and Performing Arts, Concerts and Conversations, and the Southwest Florida Symphony.

"Once again, we are proud to present another exciting season of cultural excellence, featuring a wonderful array of talented performers guaranteed to please," said Dawn Boren, Shell Point director of Resident Life.

This season's Fine and Performing Arts lineup brings culturally expressive and talented musical and dance ensembles to the recently renovated Village Church Auditorium. It will include:

- National Dance Company of Siberia – Friday, November 6 at 7:30 p.m.



Duke Ellington Orchestra



A Night at the Oscars: The Hollywood Concert Orchestra



The Chicago Brass Quintet

- Duke Ellington Orchestra – Monday, January 25 at 7:30 p.m.
- A Night at the Oscars: Hollywood Concert Orchestra – Tuesday, February 9 at 7:30 p.m.
- Chicago Brass Quintet – Monday, March 7 at 7:30 p.m.
- Broadway Pops International: The Music of Rodgers and Hammerstein – Tuesday, April 5 at 7:30 p.m.
- Bonus Concert: Barbary Coast Dixieland Band – Tuesday, March 1 at 7:30 p.m.

Concerts and Conversations offers classical music lovers an opportunity to experience concerts in an intimate setting and enjoy a dessert reception with the musicians following the performance. It will include:

- Gulfshore Trio – Monday, November 16 at 7 p.m.
- Ashu: Saxophonist – Saturday, January 16 at 7 p.m.
- Irrera Brothers Duo – Monday, February 22 at 7 p.m.
- DaPonte String Quartet – Monday, March 14 at 7 p.m.

Shell Point is pleased to partner with the Southwest Florida Symphony to present several performances that showcase the best of classical orchestral compositions. It will include:

- Holiday Pops – Monday, December 21 at 7:30 p.m.
- Discovery Concert: Beethoven's *Eroica* – Thursday, January 14 at 7:30 p.m.
- Symphonic Folklore: Mendelssohn, De Falla and Copland – Thursday, February 4 at 7:30 p.m.

Individual tickets for the 2015-16 Concert Series range from \$15 to \$35. Series tickets are also available by musical series, and provide savings up to \$50. Place your reservations today by contacting the concert box office at 454-2067, or at [www.shellpoint.org/concerts](http://www.shellpoint.org/concerts).

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# Coyote Management Plan Funding Approved

by Jeff Lysiak

Members of the city council approved appropriating \$15,000 for Phase 1 of the Sanibel Coyote Management Plan, which includes scat surveys and DNA analysis which hopes to provide an estimate of the number and sex of individual coyotes, as well as their locations on the island.

According to Holly Milbrandt, acting natural resources department director, the information to be gathered during Phase 1 is critical to determine next steps and will be used to guide efforts in Phase 2. While Phase 1 is under way, the Coyote Biologists Working Group will seek grants and other funding to offset the cost of Phase 2.

"As interactions between coyotes, humans and pets continue to be highly publicized in the media and coyotes continue to have significant impacts on sea turtle nesting activity on Sanibel, the consensus of the Coyote Biologists Working Group and the recommendation of the Natural Resources Department is that proceeding immediately with the proposed Phase 1 effort of the UGA proposal will provide critical information necessary to determine an effective coyote management plan for Sanibel," Milbrandt wrote in her proposal for funding.

The Coyote Biologists Working Group will be comprised of highly-qualified research scientists from the University of Georgia and members of the city's Natural Resources Department, the Sanibel-Captiva Conservation Foundation, the JN "Ding" Darling National Wildlife Refuge and the Clinic for the Rehabilitation of Wildlife.

In brief, the proposal has been divided into two phases (years):

Phase 1 – Coyote scat surveys and DNA analysis. This will provide an estimate of the number and sex of individuals on Sanibel and identify family relationships. This information is critical to determine next steps and will be used to guide efforts in Phase 2.

Phase 2 – Simultaneously capture, radiocollar, sterilize (optional), release and monitor the movements and habitat use of coyotes on Sanibel. Throughout the United States, attempts to eliminate coyotes have been unsuccessful. In many cases, efforts to eliminate coyotes have resulted in greater coyote numbers as reproductive output of remaining individuals increased in response. Capturing and radiocollaring coyotes on Sanibel will build on the data obtained from the scat surveys and allow us to identify coyote movements and habitat use on Sanibel as a means to inform/justify further management actions. In contrast to the increased reproductive output associated with attempted elimination of coyotes, sterilization of coyotes at the time of capture will prevent mature coyotes from future reproduction, but retain a population of sterile

individuals that exhibit the same territory fidelity, survival rates and home range maintenance as mature coyotes.

"Although predation of livestock on Sanibel is not a concern, desirable outcomes on Sanibel may be that sterilization of coyotes reduces predation on sea turtle hatchlings and other protected species or reduces the need for coyotes to seek human-related food sources (trash, domestic pets, etc.)," the proposal reads in part.

Cost estimate to complete Phase 2 is approximately \$130,000.

"It makes a lot of sense to gather information, then move on and have more discussions on Phase 2," said Mayor Kevin Ruane. "We've had a lot more discussions about coyotes than I ever thought we would have."

Phase 1 of the Sanibel Coyote Management Plan is being funded through a budget transfer from the city's Beach Parking Fund.\*\*

## Donation Made

Bank of the Islands recently made its latest donation through its We Love Our Islands program. The winner choosing the beneficiary organization was longtime islander Evette Zurbruggen, who was spotted with a We Love Our Islands decal on her vehicle. That won Zurbruggen the right to select which local non-profit group would receive a charitable contribution from Bank of the Islands.

Zurbruggen chose to give the bank's \$500 donation to the Sanibel Community Church for its mission work.

This latest gift marks a total of \$64,500 that Bank of the Islands has contributed to island organizations to date through its We Love Our Islands program.\*\*



Brad Livermon, pastor of missions and contemporary music, Bank of the Islands' Willy Ocasio and Evette Zurbruggen



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The Kloznick family – Dana, LanDan Olivia, BrayD and Michael – have visited Sanibel for the past eight years  
photos provided by Billy Kirkland

# Billy’s Bikes Offers Care For Visiting Child

by Jeff Lysiak

Almost the same time each year around Labor Day, the Kloznick family travels to Sanibel to spend a week of relaxing, swimming and enjoying all the island has to offer. Like many other visitors, their preferred method of getting around the island is via bicycles, so they’ve made it sort of a tradition to visit Billy’s Bikes & Rentals. “They’ve always been able to fill our family’s changing needs,” said Dani Kloznick, who arrived last week on Sanibel along with her husband, Michael, and children BrayD, 12, and LanDan Olivia, 9. “In fact, the first time that our son rode a bicycle was here on one of Billy’s bikes.”

One of the changes which impacted the family occurred about four years ago, when LanDan Olivia was diagnosed with Postural Orthostatic Tachycardia Syndrome (POTS), a condition which left the youngster dependent upon a wheelchair. Patients with POTS typically find themselves fatigued easily, with a lack of energy that makes even walking at a slow

pace difficult or impossible.

Since that time, LanDan Olivia has ridden in a tag-along carriage and a bike, propelled by a member of her family riding behind her.

But this year, Billy Kirkland, owner of Billy’s Bikes & Rentals, was able to provide the Kloznick family a Catrike, a recumbent three-wheeled vehicle which allows LanDan Olivia to propel herself.

“I like being able to ride all by myself,” she said last week. “I really don’t like having to be pushed around all the time. Riding a bike is a lot of fun... it makes me feel independent.”

Before her daughter experienced riding a Catrike, something caught Dani’s eye when visiting Billy’s Bikes & Rentals: a sign indication the businesses’ connection with Camp Boggy Creek. By coincidence, LanDan Olivia had been selected as a participant in the Camp Boggy Creek Challenge Ride, which took place on September 12.

“I went back inside the shop and asked them about their connection with the camp,” she noted. “Turns out that when I mentioned Billy’s Bikes to somebody at the camp, they knew Salli (Kirkland’s wife) and Billy very well. In fact, they’re the fourth-leading fundraisers for this year’s ride.”

Founded in 1996 by Paul Newman



LanDan Olivia Kloznick, center, with her family and Billy’s Bike Shop participants in the Camp Boggy Creek Challenge Ride

and General H. Norman Schwarzkopf, Camp Boggy Creek’s mission is to offer children – no matter their illness – the opportunity to experience the transformational spirit and friendships that go hand-in-hand with camp.

Located in Eustis, Florida, Camp Boggy Creek has made it possible for children with serious illnesses to enjoy a camp experience in a safe, medically-sound environment. The 232-acre camp serves children ages 7 to 16 who have been diagnosed with chronic or life-threatening conditions.

Kirkland, who also treated the family to dinner during their Sanibel vacation, is busy attempting to make arrangements for LanDan Olivia to have a Catrike to ride while she is visiting Camp Boggy Creek.

“The Catrike is great because instead of being in a wheelchair, she can ride it all by herself,” said Kirkland. “Anything that I can do to make her feel even better while she stays at the camp, I’m gonna try to do.”

Camp Boggy Creek also provides activities for the families of children staying there to enjoy.

“My sister has a ton of doctor’s appointments to go through, so I try and give her lots of hugs and support her in any way I can,” said BrayD, who explained that he is looking forward to trying his hand at archery while visiting Camp Boggy Creek.

While staying on Sanibel, one of the boy’s dreams came true when Kirkland offered him the opportunity to ride a Segway. Mom and dad noted that witnessing the generosity from Billy himself has inspired BrayD to “pay it forward” to people he may meet and see them struggling, too.

“None of this would be possible without our faith,” added Michael. “That’s what helps get us through everything.”

LanDan Olivia, whose career goal is to become a surgeon and find a cure for POTS, is already looking forward to next year’s visit to Sanibel.

“I like coming here and having fun, going swimming in the ocean, building sandcastles on the sand and riding to Pinocchio’s for ice cream,” she added. “Being indoors all the time, there’s not a lot to do. I’d rather be playing in the water!”✱

From page 7

## Water Quality Project

Wildlife Refuge.

- Additional sub-regional source controls in areas of the eastern EAA where phosphorus levels in runoff have been historically higher, building on the District’s existing Best Management Practices (BMPs) Regulatory Program.✱

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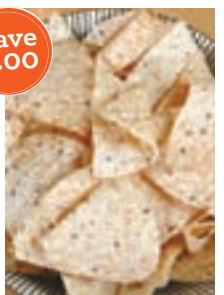
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2 zucchini, large diced  
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2 bell peppers, seeded and diced large  
6 cloves fresh garlic, minced  
12 mushrooms, rinsed and quartered  
1 large yellow onion, diced  
1/4 cup fresh parsley, hand torn  
2 teaspoons fresh oregano (or 1 teaspoon dried oregano)  
Canola or olive oil for cooking  
Sea salt to taste  
Fresh ground pepper to taste

Pre heat a large-sized sauté pan over medium-high heat. Add 1 tablespoon of oil to the hot pan. Add half of the onion to the pan and cook for 2 minutes. Add half of the garlic and all the bell peppers to the onion mixture in the pan. Continue to cook the vegetables in the pan and add all of the yellow squash and zucchini to the pan.

Lightly season the cooking vegetables with salt and pepper. Let the vegetables cook until the squash is just crisp-tender (about two minutes). Remove the vegetables from the pan into a large serving bowl. Place the sauté pan back over the heat and use a spatula to remove any debris.

Once the pan is hot again, add 1 tablespoon oil and the other half of the diced onion. Let the onions cook for 2 minutes and then add the garlic, mushrooms and eggplant. Lightly season the cooking vegetables with salt and pepper. Let the vegetables cook until the eggplant is just tender (about 2 minutes).

Remove the vegetables from the pan and place them into the bowl with the other vegetables. Add fresh herbs to the bowl of vegetables and stir to combine. Serve warm.\*



Pan Roasted Vegetables with Garlic and Fresh Herbs

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## Artist Presents Rauschenberg Tribute At FSW



Poster for the Wayne White documentary *Beauty Is Embarrassing*  
photos by Jeff Lysiak

by Jeff Lysiak

Internationally-acclaimed artist Wayne White is currently exhibiting a one-man exhibition of watercolor paintings, drawings and collages at the Bob Rauschenberg Gallery, located on the campus of Florida SouthWestern State College, on display through November 7.

The site-specific installation, Wayne White: Here Comes Mr. Know-It-All, opened last week with a special reception which featured a 14-foot tall puppet sculpture of the late, great Captiva Island artist Robert Rauschenberg.

"This will be the first puppet I've made in Florida that will actually make a painting and a sculpture," White said last week, days before the opening of the exhibit. "I grew up a big fan of Rauschenberg the artist. In fact, the first modern art exhibition I ever went to was back in 1977 at the Museum of Modern Art in New York City which featured his work. It made a huge impression on me."

Considered a modern day Renaissance man, given his vast variety of talents – fine artist, cartoonist, illustrator, puppeteer, writer as well as production and set designer – White won three Emmy Awards for his set designs and puppeteering on the popular children's TV program *Pee-wee's Playhouse*. He also garnered an MTV Video Music Award in 1996 for Best Art Direction for his work on The Smashing Pumpkins' video *Tonight, Tonight* and a 1987 Billboard Magazine award for Best Art Direction for his work on Peter Gabriel's landmark music video *Big Time*.

In 2013, White – along with his writer/cartoonist wife, Mimi Pond – spent a month living at Rauschenberg's Captiva estate, an experience which greatly influenced and inspired the artist.

"During my residency (with the Robert Rauschenberg Foundation), I reacted to the landscape and atmosphere of the islands," said White. "There is so much



Artist and puppeteer Wayne White stands next to what will become a 14-foot representation of the late, great artist Robert Rauschenberg for a performance held last week at Florida SouthWestern State College

beauty here in Florida, and I was inspired by the colors of the water, which was reflected in my work done there... I think I completed 40 paintings during that month. I learned a lot about the artist (Rauschenberg) just being there, too."

Since that time, White has spent much of his time traveling to art museums and galleries across the country, participating in art installations and special events – including parades, which have featured his larger-than-life iconic puppets – in cities including Los Angeles and Laguna Beach, California; Oklahoma City, Oklahoma; Shreveport, Louisiana; Fort Lauderdale; and Key West, Florida.

"I created a puppet of Napoleon Bonaparte Broward, the former governor of Florida, which is now on display at the Fort Lauderdale/Hollywood International Airport," noted White, who added with a smirk, "It's featured near the baggage claim."

While constructing the puppet he called "Cubist Robert Rauschenberg," White said that he was very impressed with the amount of space available at FSW's Bob Rauschenberg Gallery. "This is one of the nicest spaces I've shown in," he added. "It's a real honor to be in the proximity of his legacy... he's one of the true giants of the art world."

A humble giant himself, White was the subject of a feature-length documentary, *Beauty Is Embarrassing*, a 2011 film which critic Leonard Maltin called, "one of the most pleasurable moviegoing experiences I've had this year." Asked where the title of the movie was inspired by, White explained that it came from a title of one of his paintings.

"People have a hard time accepting beauty," he elaborated. "Even though we agree that something on the surface may be beautiful, deep down it may be difficult to accept. That's especially true in our culture, when we're always told that



Wayne White creates another element of the Rauschenberg puppet sculpture

we shouldn't waste our time with 'pretty' things."

Wayne White: Here Comes Mr. Know-It-All will be on display at the Bob Rauschenberg Gallery, located on



One of Wayne White's untitled watercolor, acrylic and colored pencil on paper creations from his 2013 residency on Captiva

the campus of Florida SouthWestern State College, 8099 College Parkway in Fort Myers. Gallery hours are Monday through Friday from 10 a.m. to 4 p.m. and Saturday from 11 a.m. to 3 p.m. (closed Sundays and holidays). For more information, call 489-9313 or visit [www.RauschenbergGallery.com](http://www.RauschenbergGallery.com).

"Robert Rauschenberg was one of the first sort of abstract artists that I really connected with," added White. "I want my art to communicate with people... plus I do like them to feel entertained."✱

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Sanibel-Captiva Art League

Paintings by Sanibel Captiva Art League members are on view at the Sanibel Public Library. This annual exhibit provides a wonderful opportunity and goal for the members to show their artwork. Many of the artists hold degrees in art and have a strong academic and studio background and others have more recently started painting after retirement. The Art League encourages all artists to pursue their art endeavors with encouragement at every level of their learning experience. To find out more about the San-Cap Art League, log on to [www.sancapart.com](http://www.sancapart.com). Also located in the library are a variety of permanent collections and on-loan changing exhibits that reflect interests that appeal to many different individual and cultural backgrounds. Residents and visitors are welcome to visit the library and check out all the services that are available seasonally and throughout the year. The visiting authors' series and lectures are very popular. Call 472-2483 or log on to [www.sanlib.org](http://www.sanlib.org) for more information.\*



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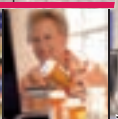
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ISLAND SUN BUSINESS NEWSMAKERS

Top Producers



McMurray and Nette Team



Beggs Team



Lomano, Lomano & Nicholson

Royal Shell Real Estate recognized its top producers for the month of August.

The Sanibel/Captiva Office Top Listing Producers Team are the McMurray & Nette Team; Top Listings Producer Individual/Partners are John and Denise Beggs; Top Sales Producers Team are Lomano-Nicholson; and Top Sales Producers Individual/Partners is Sarah Ashton.\*



Sarah Ashton

Top Producers



Deb Smith

VIP Realty Group announced its top agents and sales teams for the month of August. Deb Smith was recognized as the top sales agent, Charlie Sobczak was recognized as the top listing agent and Glenn Carretta



Charlie Sobczak

was recognized as the top producing agent.\*



Glenn Carretta

Library Book Discussion Group

Readers are invited to the Sanibel Public Library to talk about Kathleen Grissom's *The Kitchen House*, the focus of the Wednesday, September 23 book discussion. The meeting is free and open to the public. The discussion begins promptly at 2 p.m. in the library's meeting room four, located on the ground floor.

*The Kitchen House* follows Lavinia, a 7-year-old Irish orphan with no memory of her past, who arrives on a tobacco plantation where she is put to work as an indentured servant with the kitchen house slaves. Though she becomes deeply bonded to her new family, Lavinia is also slowly accepted into the world of the big house, where the master is absent and the mistress battles opium addiction. As time passes, she finds herself perilously straddling two very different worlds and when loyalties are brought into question, dangerous truths are laid bare and lives are at risk. *The Kitchen House* is a tragic story of page-turning suspense, exploring the meaning of family, where love and loyalty prevail.

While it is preferable to come to the discussion having previously read the book, all are welcome. Copies of book club books are located in the library near the reference desk, in a variety of formats.

The book for the October 28 discussion is Nancy Horan's *Under the Wide and Starry Sky*. The group will read Christina Baker Kline's *Orphan Train* in November. For more information, call 472-2483, or go to [www.sanlib.org](http://www.sanlib.org).\*



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## Rosier Insurance Gives Back As Silver Sponsor

**R**osier Insurance has been giving back to its community for more than 60 years. The Sanibel independent insurance agency is doing it again as a Silver Sponsor of the 7th annual 10K Race 4 FISH. It's a worthy cause.

"The Rosier Insurance team proudly supports FISH and the 10K race as we know our community will benefit from the numerous services provided by FISH during challenging times," said Sanibel Branch Managing Agent Angela Larson Roehl.

The non-profit organization, FISH of San-Cap, and its numerous volunteers have lent a helping hand to countless individuals when they need it most – from emergency financial assistance to delivering a hot, nutritious meal to a home-bound client. FISH has been providing those who live, work or visit the islands with much-needed social services for more than three decades.

"We know the importance of giving back to ensure the endurance and growth of our community, which depends on the people in our community and their well-being," Roehl said.

Rosier Insurance has helped clients to make informed decisions when it comes to protecting assets through insurance and non-insurance risk transfer solutions



**Rosier Insurance Sanibel Branch Managing Agent Angela Larson Roehl, Alicia Rosier, Bob Rosier, 10K Race 4 FISH Committee Co-chairs Ed Ridlehoover and Nancy Bender**

tailored to individual or business needs. Its staff provides concierge customer service – from a damage loss to complex coverage or valuable price options.

The 10K Race 4 FISH is set for Saturday, October 18 with the start-finish line at The Community House. Runners receive awards, a keepsake medallion and a backpack style goody bag. There will be an expo featuring organizations offering services for the running community.

Race registration is open at fishof-

sancap.org or fortmyerstrackclub.com. Sponsorship slots are available – Gold, Silver, Bronze or Friend. For Gold to Bronze, your name or logo will appear on the back of T-shirts featuring the Hortoon race logo and worn by the runners, as well as all banners and printed 10K material. Friend sponsors will be included on all banners and 10K materials.

Anyone who is interested in becoming a race sponsor should contact Nancy or Pete Bender at benderlaw@juno.com or 472-5220. Deadline is Sept. 15.✱

## Co-Ed Softball

**J**oin your friends and neighbors in the Fall 2015 Sanibel Adult Co-Ed Softball League. Games will be played at the Sanibel Ball Fields on Wednesday nights. The league will start play on October 7.

Teams need to be registered no later than September 30. T-shirts and team trophies will be awarded to top teams. The fee is only \$519.75 per team.

There will be an informational meeting on Wednesday, September 30 at 5:30 p.m. at the Sanibel Recreation Center, located at 3880 Sanibel-Captiva Road.

For more information or if you are looking for a team, contact Char Durand at the Sanibel Recreation Center at 472-0345.✱

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# Welcome Back To School Night



Rodd, Roddy, Gaby and Valentina Bell attended their first Welcome Back To School Night at CECI

The Children’s Education Center of the Islands invited its current parents and students at their Welcome Back To School Night, held on September 9. Parents were able to meet new friends and catch up with old ones.✱



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# Amazing Twins In Stretch Run For Wild Card As Season Winds Down



by Ed Frank

Six months ago in the midst of spring training, Terry Ryan, the astute and veteran general manager of the Minnesota Twins, told this reporter in an interview that "getting to the post-season is the only thing acceptable."

Some might have laughed and thought this was a pipedream as the Twins had lost more than 90 games four consecutive years, and the odds-makers had pegged the team for another last-place finish in the tough American League Central Division. Well, it's no laughing matter now. With just three weeks remaining in the regular season, the surprising Twins were just one game behind the Texas Rangers in the race for the second AL

wild card spot as this week began.

At 75-68 for the season, Minnesota has already surpassed its win total from each of the last five seasons. And in the final three weeks, the Twins have just seven games against teams with winning records – the Los Angeles Angels and the Kansas City Royals – and 13 against Cleveland and Detroit, who have losing records.

Credit for this big turnaround is widespread. First, Ryan gets accolades for hiring rookie manager Paul Molitor, who must be considered as a strong candidate for Manager of the Year honors.

Secondly, the Twins minor league system – rated No. 2 in baseball – developed three young No. 1 draft picks that advanced to the Major League level this season: Aaron Hicks, Miquel Sano and Byron Buxton.

Lastly, the numerous trades and free-agent signings Ryan made before and during the season brought winning baseball back to the Twin Cities.

Another big plus for the Twins in this stretch run is the news that their All-Star closing pitcher Glen Perkins should return to the bullpen by the end of this week. Perkins had led the league in saves before he went on the DL with a back strain on September 1.

The cagey Ryan traded in mid-season for veteran relief pitcher Kevin Jepsen, who has filled in effectively for Perkins.

Yes, the Minnesota Twins are once again a winning baseball team. Whether they reach the playoffs or not, this season has been a remarkable turnaround. And the future ahead is bright.

## Red Sox' Ortiz Reaches Milestone

The ageless David Ortiz, who will turn 40 years old in November, reached a coveted baseball milestone when he hit two home runs last Saturday against the Tampa Bay Rays to reach his 500th career home run.

From September 7 to 14, Ortiz led the Major Leagues with a 1.111 slugging percentage while topping the American League with a .444 batting average with nine RBIs and three homers. As a result, he was named American League Player of the Week. It was the sixth time he received this honor.

Three other players have hit their 500th homer in a Red Sox uniform: Jimmie Foxx, Ted Williams and Manny Ramirez. And he is now only one of four players with 500 or more home runs and three World Series rings. The others are Babe Ruth, Mickey Mantle and Reggie Jackson.

That's pretty elite company for Big Papi.

Now in his 19th Major League season, Ortiz has 34 homers and has hit 30 more home runs in nine of those seasons. Through Monday, he was five RBIs shy of his ninth 100-RBI season.

If there was ever a sure-fire first-year selection to Baseball's Hall of Fame, it's David Ortiz.✱

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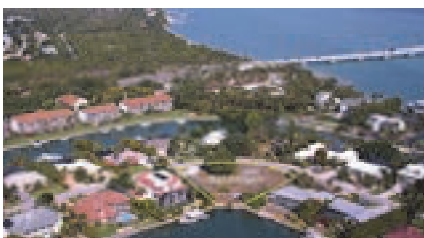
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## Superior Interiors

## Peaceful Outdoor Sanctuaries



by Barb Cacchione

As our patios and porches are becoming more sophisticated and refined, today's homeowners are driven to find peaceful sanctuaries as a prescription for their stressful lives.

Creating your perfect outdoor space will be the result of the successful combination of many design elements – landscaping, stonework, carpentry, furnishings, lighting and accessories. Careful pre-planning will be the key to the creation of your personal sanctuary, so begin with creating your personal “wish list.” You may be amazed at how long this list might become!

Do you frequently entertain outdoors? Do you spend time outdoors in the evenings simply relaxing? Is an outdoor grilling season a requirement for you? Do you enjoy planning family meals outdoors?

Once you've assessed your needs, then planning your outdoor space becomes much easier. Think about incorporating these simple ideas:

- Comfortable Furniture – This should be most important element in your design. Today's outdoor furnishings have been manufactured to withstand the elements. The age of folding, vinyl strapped furniture is definitely now obsolete. Many furniture pieces of today look identical to indoor furniture, but have been constructed and designed to stand up to all the outdoor elements.

- Fabulous Fabrics – The biggest name in outdoor fabrics today is Sunbrella. This company's collection of fabrics is colorful, design oriented and totally durable. Sunbrella features gorgeous fabrics manufactured to resist fading from ultraviolet rays, mildewing from damp conditions and odor absorption. It is just the ultimate outdoor upholstery or drapery fabric that will be used and enjoyed by your family for years. And, of course, Sunbrella Fabrics, as well as other manufacturers of outdoor fabrics, are carried by Decorating Den Interiors.

- Let There Be Light – Be sure to consider incorporating various types of lighting in your outdoor space design, just as you would inside your home. Landscape lighting, overhead lighting, ceiling fans, sconces and decorative side table lighting are all great ideas. Develop a creative lighting plan to help you create a space with increased ambiance and functionality.

Remember to create a space that is perfect for you and your needs. This is a space where memories will be made, so please consider it an important investment... both financially and emotionally.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at [barb@coindecaden.com](mailto:barb@coindecaden.com).

## The Importance Of Having Shade



by Bryan Hayes

With the passing of Hurricane Charley's anniversary and hurricane season in mid-stride, it brings back memories of that day more than 11 years ago. I often think about the days

before Charley. How the canopy down Periwinkle Way was a beautiful site. How lush the island was, how big the trees were and how much shade all of this provided.

I have many memories that flood my mind when the topic of Charley comes up. One of the most vivid memories of all in the following weeks after Charley was how hot it was. After power was restored and life got back to a somewhat normal pace, we received a great deal of calls from customers indicating that there must be something wrong with their air conditioner. It was the same problem over and over; the A/C system wasn't

keeping up. We ran call after call and came across the same issue. We finally came to the conclusion that the lack of shade created by Charley's “tree pruning” had a huge effect on how important shade is to our overall comfort.

I spend a great deal of time suggesting different ways to improve our home's comfort level. Whether it is to add insulation in the attic, use curtains, blinds or to plant trees and bushes to block sun infiltration. Trees play an essential part in blocking the unnecessary heat around our properties; this was especially true in the days before air conditioning. The City of Sanibel has done some great work with the Periwinkle Way Restoration Project to help restore much of the flora that had been lost and I'm once again seeing the canopy return in parts over our city's arterial road. It's not completely restored yet, but it's nice to see shade on the bike paths again.

So, have you lost trees around your house after Charley? It's never too late to replant. It may not give you much now, but in a few years it will bring its' rewards. There are some fast growing shade tree options out there that can bring desired results in a shorter time period. Just nothing exotic or invasive, please.

Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at [Bryan@Sanibelair.com](mailto:Bryan@Sanibelair.com).



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# School Smart



by Shelley M. Gregg, NCSP

**Dear Shelley,**  
This may sound like a strange problem but I am worried about my 8-year-old daughter who is not drinking enough water at school. She doesn't

get many bathroom breaks at school and I know that she is hesitant to ask for one. Is this something I should be worried about?

Jodi M., Fort Myers Beach

**Jodi,**  
Your daughter is not alone. A recent study showed that many American children and teens aren't consuming enough liquids, especially water, and that lack of hydration could affect their physical and mental health. Study author Erica Kenney, a postdoctoral research fellow in social and behavioral sciences at the Harvard School of Public Health, said in a Harvard news release, "Even though for most of these kids this is not an immediate, dramatic health threat, this is an issue that could really be reducing quality of life and well-being for many, many children and youth and under-hydration can pose real health risks for children."

"Children can be more susceptible to dehydration than adults," said Nancy Cooperman, who directs public health initiatives at North Shore-LIJ Health System in Great Neck, New York. That, "coupled with an already impaired hydration status, can have physiological problems such as neurological issues, increased demands on their kidneys and heat stroke," she explained. Even mild dehydration can cause headaches, irritability, poor circulation, reduced physical performance and poorer mental functioning.

Another expert wasn't surprised by the findings. "Lack of water ingestion is a significant issue for America's children, with multiple causes," said Dr. Ron Marino, associate chair of pediatrics at Winthrop-University Hospital in Mineola, New York. "During the school day, access to water may be limited, and many children may even avoid consuming water because they prefer not to use the bathrooms at school," he said. "This may stem from lack of privacy, embarrassment, or even bullying or other risks associated with being in the bathroom."

However, "the good news is that this is a public health problem with a simple solution." "The study indicated that by increasing water intake by one cup or eight ounces per day, hydration was improved," said study researchers.

"If we can focus on helping children drink more water – a low-cost, no-calorie beverage – we can improve their hydration status, which may allow many children to feel better throughout the day and do better in school," study senior author Steven Gortmaker, a professor of the practice of health sociology, said in the news release.

Here are some tips for parents to help boost their child's water intake:

- "Keep water cold. Add frozen water bottles to a child's lunch pack," she said. The bottles will keep their lunch cold and thaw throughout the day so they are cool to drink. Cold water tastes better to children than room temperature.
- "Don't rely on a child's thirst. Thirst is not a good indicator of hydration," Children need to have access to water throughout the day.
- "Try infusing water with fruit (such as oranges), vegetables such as cucumbers, or herbs (such as mint) to give the water a flavor without adding extra sugars.
- I would encourage you to discuss this issue with her teacher, as she may not be aware of your daughter's discomfort in asking for a bathroom break. Her teacher may be willing to use a silent signal, like two fingers raised, with your daughter so she could ask to use the bathroom without notifying the entire class. In any case based on this study's research it appears

that boosting her water intake at home may be enough to keep her hydrated sufficiently.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✴

## Technical Colleges Enrollment

While the fall semester is under way, Cape Coral Technical College and Fort Myers Technical College are now enrolling students for select programs with classes beginning in October and November. Program start dates vary, with a majority of classes beginning October 7.

At Cape Coral Technical College, programs now accepting enrollment include Medical Administrative Specialist, Network Support Services, Digital Design, Culinary Arts, Computer Systems and Information Technology, Electronics Technology, Medical Coding and Billing, Business Management and Accounting.

Cape Coral Technical College is also enrolling students for its Cosmetology

program, starting November 6, and other programs at the college will have individual starting times. Cape Coral Technical College will waive Test of Adult Basic Education (TABE) testing and registration fees for incoming students.

Fort Myers Technical College is offering an additional enrollment opportunity for students interested in Medical Administrative Specialist, Medical Coding and Billing, Administrative Specialist, Air Conditioning, Carpentry, Culinary Arts, Electronics, Technology, Appliance Repair, Plumbing, Web Application and Development programs.

In addition, Fort Myers Technical College is enrolling students in its Early Childhood Education program, starting November 9 and in the college's new Cyber Security program, starting November 16.

Cape Coral Technical College and Fort Myers Technical College prepare students for the workforce by offering job skills training in more than 30 professions. High-quality career training programs provided by Cape Coral Technical College and Fort Myers Technical College are designed to produce graduates who are workforce-ready for future careers. Financial aid is available to qualified students. For more information about enrollment for these programs, visit [www.LeeTechColleges.com](http://www.LeeTechColleges.com) or call Cape Coral Technical College at 574-4440 or Fort Myers Technical College at 334-4544.✴



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## Just Published...

### Common Cents Estate Planning

by Craig R. Hersch




**Craig Hersch is a Florida Bar Board Certified Attorney and "Will Power" columnist**

This groundbreaking book is based on attorney Craig R. Hersch's 25 years of experience helping clients address real life estate planning situations. Topics include:

- Will and Trust basics
- Beneficiary matters
- Estate planning for second and blended marriages
- Dealing with family dynamics
- How Florida estate planning is unique
- Probate and trust administration basics

Mr. Hersch's new book is available at **Amazon.com**.  
To order a copy, follow the link at **[www.sbshlaw.com/books](http://www.sbshlaw.com/books)**.



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Will Power

## Does The \$5.43 Million Estate Tax Exemption Mean IRAs Pass Along To Heirs Tax Free?



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

A recent client sent me a cover letter with her worksheet detailing her holdings and what she wanted to accomplish in her estate plan. "Since the estate tax exemption is over \$5 million now, I believe that my IRA doesn't pay any taxes when I leave it to my children since my total estate is less than that amount..."

Right. But wrong.

She was right in the sense that her estate is unlikely to pay any federal estate taxes. She is wrong in the sense that the income taxes that occur when the IRA balances are withdrawn

will still be paid by the recipient.

This is another instance where people become confused over the difference between estate taxes and income taxes. Estate taxes are a tax on the value of the deceased's balance sheet. The balance sheet is, in essence, one's total net worth. Total assets less total liabilities. It is valued as of the date of the deceased's death. If the deceased's net worth exceeds the available estate tax exemption amount, then an estate tax is imposed.

This is not to be confused with the income taxes, which, as defined, are a tax on the income statement. Certain types of assets carry with them unrealized ordinary income that has yet to be taxed but will be upon the decedent's death, no matter the value of the decedent's balance sheet.

Assume, for example, that Teresa dies with a total net worth of \$3.5 million, but included in that net worth is a \$600,000 Traditional IRA account (as opposed to a Roth IRA account) naming her daughter Shannon as the beneficiary. The IRA becomes an "Inherited IRA" to Shannon. Shannon will be required to take Required Minimum Distributions (RMDs) each year based upon her age, even if she has not attained age 70 yet. This is because with Inherited IRAs the recipient must begin taking RMDs in the year following the account owner's death, which is calculated on a

"Single Life Table" issued by the IRS.

Assuming that Shannon is aged 52 as of her mother's death, the divisor is 32.3 according to the table. The calculated RMD is therefore \$18,576. (\$600,000/32.3). Shannon must include the \$18,576 on her IRS Income Tax Return Form 1040 as this is taxable income to her even though her mother did not have a taxable estate for federal estate tax purposes.

In the Internal Revenue Code, Traditional IRAs are known as "Income in Respect to a Decedent" or "IRD" items, meaning that because they would have been taxable income to the decedent if she made withdrawals or took distributions, they will also become taxable income to the decedent's beneficiaries. Other common IRD items include annuities and pension plan accounts. When a beneficiary inherits IRD items, they can expect to pay income taxes on withdrawals. Some IRD assets, like Traditional IRAs are commonly fully taxable, while some – like annuities – might include a return of principal that are not taxable.

What about capital gains? Are capital gains also taxed? This depends on who owned the asset that had an unrealized gain at the time of the decedent's death and whether that asset enjoyed a "step-up in tax cost basis." The most common example is what you find inside of a regular brokerage account and is best explained by example.

Suppose that Chandler owned shares of ABC Company that he purchased for \$100,000 but at the time of his death were worth \$1,100,000. If Chandler sold the shares the day before his death, he would realize a \$1,000,000 capital gain and pay capital gains tax on his income tax return. If instead Chandler died with the ABC shares and left them to his son, Dexter, then Dexter gets a new tax cost basis valued as of his father's date of death. Assume that value is \$1,100,000. If Dexter sells the ABC shares the day following his father's death for that same amount, there is no capital gains tax to pay.

These laws can be quite confusing so it is always best to consult with your legal, tax and financial team before making decisions relative to these issues.

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From page 9

## Rotary Happenings

damage assessment, and search-and-rescue techniques.

They also are active with the training of the Sanibel Power and Sail Squadron in their SEARAT activities for boat rescue and emergency response on the water.

The Sanibel-Captiva Rotary meets at 7 a.m., Friday mornings at The Community House, 2173 Periwinkle Way. Guests are always welcomed.✧

## Welcome Centers Recognized

Lee County can roll out an even bigger welcome mat to visitors at its new certified welcome centers.

In correlation with a new Visit Florida program, the Lee County Visitor & Convention Bureau's (VCB) Welcome Center at the Southwest Florida International Airport (RSW), the welcome center at the Edison & Ford Winter Estates, and the welcome center at The Sanibel-Captiva Islands Chamber of Commerce are officially Florida Certified Tourism Information Centers (CTIC).

The Visit Florida Certified Tourism Information Centers (CTICs) Program brings Visit Florida recognition to visitor services facilities around the state, providing these facilities and their staff with benefits that enable successful promotion of travel to and throughout Florida.

"Visit Florida is not looking to franchise visitor centers," said David Dodd, Visit Florida vice-president of visitor services. "The Visit Florida Certified Tourism Information Center Program is focused on presenting a consistent Florida message and a quality Florida experience for all visitors to the Sunshine State."

To become an official Florida Certified Tourism Information Center, visitor centers must meet requirements specified by Visit Florida, such as: centers must be a Visit Florida Partner, centers must be open year-round at a minimum of five

days per week, centers must be located in a convenient and accessible location for the ease of travelers, and centers must have access to parking and restroom facilities to accommodate visitors including persons with disabilities.

"We are very happy to be included in this prestigious roster of new Visit Florida CTICs from across the state. With our team of volunteer tourism ambassadors greeting nearly 300,000 vacationers annually, this provides an extra layer of service excellence to our visitors," Judi Durant, director of VCB Visitor Services said. "It is a pleasure to be recognized as an official CTIC welcome center in this program with our Lee County partners, the Edison Ford & Winter Estates and the Sanibel-Captiva Islands Chamber of Commerce."

All Florida Certified Tourism Information Centers receive additional benefits from the program, including: a brochure display at all Visit Florida Welcome Centers, vacation guides, Florida state maps, certification signage, and access to a state of Florida network with other tourism professionals. In addition, Statewide Information Specialist Certification is being offered to all employees at a Florida Certified Tourism Information Center.

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## Mom And Me



by Lizzie and Pryce

**L**izzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

### Dear Mom & Me,

I guess we should feel blessed because our boomer children have been very successful in their chosen fields. But that isn't always the case. These adults are so self-confident, and because of their success in their chosen profession, think they absolutely know everything about everything and what they don't know is really not important. They never ask us for any advice, and if we volunteer our experience in our own area of specialty, we are quickly told our experience is irrelevant.

We are quickly becoming disinterested and now hardly care what they do or say, but we question how these people deal with each other. When they all feel only they know what is right, how do they deal with other people?

Beverly

### Dear Beverly,

This problem I have also observed. Many young people think that the world started the day they were born and that older people are absolutely stupid. Many older people do not have the formal education like the younger generation, but they have far more common sense. Many of the younger generation were given assertiveness training, even before kindergarten, and I guess it is a dog-eat-dog, eat-or-be-eaten environment and it is all survival of the fittest.

Aren't you glad that we lived in a kinder and gentler world?

Lizzie

### Dear Beverly,

I am convinced there are always two sides to every story. While I hear and understand your side of the story with your adult children, I can guess your adult children's side of the story. My first guess is that they feel you do not treat them as adults but as kids that have not graduated from middle school despite being well educated and successful in their own right, professionally and personally.

The parent-child relationship is the most basic and – at times – the most difficult relationship to understand. It seems to me changing the way you communicate with your adult children

is a better choice than not talking with them and becoming resentful. Learning to live and love as a family is a life-long journey, ever changing with the different twists and turns that life brings.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.\*

## Got A Problem? Dr. Connie Is In



by Constance Clancy

**Q:** When I am asked out by a guy and I don't want to go, I don't know how to turn him down and not hurt his feelings.

Can you give me some suggestions how to handle this?

**A:** Most of us at some time or another have been asked out and we just didn't feel it was a good fit – for whatever the reason – and didn't know how to handle this delicate scenario. We don't want the person doing the asking to feel rejected or hurt; on the other hand, we don't want to make excuses and lead the person to believe that another time you might accept. I have seen too many situations where this is a waste of time for you both.

An appropriate way to handle turning down a guy nicely is to simply be honest. Be direct with saying something like, "I am flattered, however, I don't feel that we are a match," or "Thank you for thinking of me, however, I don't think we are quite a fit."

This keeps it short and sweet. You don't want to find yourself beating around the bush giving excuses or trying to lead the person on. If you are face to face, look him straight in the eye, and say what you need to say kindly and with a sincere smile. Your body language will reveal you are in alignment with what you say. Then, don't stay around and linger. It's good to move on and that way you are not wasting anyone's time and energy. If it is over the phone or e-mail, he just won't see you, yet you can convey the same direct message. Most important, be respectful and direct.

When in doubt, turn into your inner guidance and reverse it. How would you like to be treated if you asked someone out? This will help you to handle these situations with grace and you can feel good about your decision.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.\*

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Doctor and Dietitian

## The Diet Soda Craze



by Ross Hauser, MD  
and Marion Hauser, MS, RD

**T**here has been quite a surge of interest in the affect diet soda has on the body recently. What does it all mean, and is diet soda a good choice? In efforts to lose weight, many folks turn to diet soda, in a seemingly health-conscious choice to save all of those unwanted calories found in sugary soft drinks, and yet still satisfy that sweet, bubbly craving.

Some reputable health websites tell us a few diet sodas a day won't hurt. However, the latest research actually does point to the fact that daily consumption of diet soda is associated with significantly greater risks of Metabolic Syndrome and Type 2 Diabetes, in addition to other harmful health impacts.

The consumption of artificially sweetened beverages has also been linked to obesity and increased waist circumference. How is that possible? The artificial sweeteners confuse your brain. Diet drinks alter the reward processing of sweet taste in the brain, leaving it desiring more and more sweet to be satisfied. Over the course of a decade, the waist circumference of those who drink diet soda daily, and even those who drink it occasionally, has been shown to increase three to four times that of nonusers.

Consider also the psychological factor. If the soda has no calories, then there is the sense of freedom to indulge or to justify the extra slice of pizza or big scoop of ice cream for dessert.

Diet soda is simply not a healthy choice. It does not do your body any good, but can ruin your smile, give you headaches, weaken your bones, put on the pounds and leave you wanting for more. Stick to purified water or natural sparkling water for those who crave the fizz.

This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.\*



dearPharmacist

## How Weird Folk Remedies Can Help You



by Suzy Cohen, RPh

### Dear Readers:

I pour through studies and research constantly to bring you the latest news, hot off the press either before it's published, or soon after. Take a look at the following natural

"folk" remedies which improve health and well being. If you want more folk remedies, the longer version of this can be emailed to you; just sign up for my newsletter at my website.

First up, help for alcoholism. Dandelion (*Taraxacum Officinale*) is an herb that can help with withdrawal and liver problems. It's a diuretic too. Also, plain niacin, about 100 mg two or three times daily can cut cravings.

Drink tea, chamomile can slash risk of death by 29 percent in women over age 65, not men. No one is sure why, but according to the study conducted at The

University of Texas, drinking chamomile tea is the bomb! The effect on your mortality may have to do with it's strong anti-inflammatory, antibiotic and anti-platelet (blood-thinning) properties.

Kiss more. If you only kiss during sex, you're more eight times more likely to feel chronically stressed, and possibly depressed. A study of 2,000 couples from Northwestern University proved this. Pucker up outside the bedroom, or backseat, or wherever.

Burdock root is a diuretic, and can help you eliminate fluid if you have edema. You can drink it as a tea for a milder effect. If you cool the tea, and apply it topically with a compress, it helps with psoriasis, eczema or other skin irritations.

Cramp bark (*Viburnum opulus*) can help alleviate menstrual cramps, irritability and PMS symptoms. Take it for a few days during that special time of the month. You can buy it as a tincture or supplement.

Since I promised you "weird," I will now deliver: Toad skin for non-Hodgkin's lymphoma. Yung-Chi Cheng, a Yale professor of pharmacology in New Haven, Connecticut is the lead researcher who published the news last March showing that "Huachansu," a compound in toad skin, enhances Bayer AG's cancer drug Nexavar. The toads they use are Bufo gargarizans, in case you want to put a

face with the name.

More weird. Turtles, specifically their upper shell, not their cute slow-moving feet. *Pelodiscus sinensis* is the name of the critter, from which a patented Chinese medicine is derived and used for cancer and sometimes HIV/AIDS.

One of the most lethal bugs known to man is MRSA (short for Methicillin Resistant Staphylococcus Aureus), and scientists have discovered that compounds in "Sweet Chestnut" leaf can paralyze the superbug. More specifically, the "ursene" and "oleanene" block staph's ability to destroy tissues. No one has studied it's

effect in human MRSA patients, however, people have been cultivating this for centuries so I see no harm in drinking the tea, or trying an herbal extract. The botanical name is *Castanea sativa*.

Make a natural deodorant using clary sage essential oil. Put 15 drops of it in a spray bottle with 1/2 cup witch hazel and 1/4 teaspoon baking soda.

*This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit [www.SuzyCohen.com](http://www.SuzyCohen.com).*✱

## Parkinson Program Community Education Event

Talking about issues related to end-of-life or care when someone has a serious illness is not the easiest thing to do. However, having the conversation ahead of time is one of the most valuable gifts you can give your loved ones.

Hope HealthCare Services Parkinson Program invites the public to Hope for the Best, Plan for the Rest, an educational event to help you plan for your future health needs. It will be held Friday, October 9 from 1 to 3 p.m. at the Hope Cape Coral Community Room, 2430 Diplomat Parkway East in Cape Coral.

The afternoon will begin with *Consider the Conversation*, a moving and thought-provoking film. Afterwards, Rev. Dr. Lt. Col. Jonathan Scalone, MA, DMin, USAF (Ret), will lead a discussion on how to use the Five Wishes advance directive forms that can provide guidance for loved ones based on one's own personal, emotional and spiritual needs.

Participants will also learn about receiving health care in their own homes – even during serious illness – through Hope Home Health, Hope Palliative Care, Private Duty Nursing and Hope Hospice programs.

Refreshments will be served. There is no cost to attend, but seating is limited and reservations are required. Call 985-7727 or email [Michelle.Martin@HopeHCS.org](mailto:Michelle.Martin@HopeHCS.org).✱

## Every Day Is Falls Prevention Day At Hope HealthCare Services

Mostly everyone has heard of Tai Chi, an ancient Chinese tradition that today is practiced as a graceful form of exercise involving a series of simple, continuous, rhythmic and functional movements performed in a slow, focused manner accompanied by deep breathing. Research has proven that with regular practice, Tai Chi can improve functional balance and the performance of daily activities and reduce the risk of falling.

According to the Centers for Disease Control and Prevention, millions of adults aged 65 and older fall each year and suffer injuries ranging from hip fractures to head trauma. Falls often result in a loss of independence and a decline in health. In 2013, about 25,500 older adults died from fall injuries.

While September 23 is officially Falls Prevention Day, Hope HealthCare Services recognizes the importance of balance all year long by offering Tai Chi classes through the Hope Parkinson Program. Participants find that practicing Tai Chi helps improve balance, gait, walking ability and coordination by developing lower extremity muscle strength in those with Parkinson's.

People over 60 years of age who would like to work on their balance are invited to attend Hope Parkinson Program's weekly Tai Chi Open Practice Classes held Mondays at 3 p.m. in the Hope Cape Community Room, and Wednesdays at 2:30 p.m. at Hope HealthPark Community Room. There is no cost to attend, and no RSVP is required.

Hope Parkinson Program participants can enroll in a new Tai Chi class with modified moves to accommodate those with mobility issues. EZ Seated Tai Chi combines the benefits of a traditional Tai Chi class with the safety of a chair. The six-week workshop is offered Wednesday afternoons from October 14 through November 18 in the Hope HealthPark Community Room from 1 to 2 p.m. Pre-registration is required. To learn more, call 985-7727 or email [Michelle.Martin@HopeHCS.org](mailto:Michelle.Martin@HopeHCS.org).

Hope's Tai Chi workshops are designed around an evidenced-based falls prevention program developed by the Oregon Research Institute and recommended by the Centers for Disease Control, the National Council on Aging, and the Administration on Aging.

To learn more about Hope HealthCare Services programs, including Hope Parkinson Program, Hope Hospice, Hope Kids Care, Hope PACE (Program of All-Inclusive Care for the Elderly), Hope Palliative Care, Hope Visiting Nurses and other home care services, call 482-4673 or visit [www.HopeHCS.org](http://www.HopeHCS.org).✱



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# My Stars★★★★★

FOR WEEK OF SEPTEMBER 21, 2015

**ARIES** (March 21 to April 19) Personal matters claim a good deal of the Lamb's time in the early part of the week. But by midweek, pragmatic considerations (work, school, job-seeking, etc.) begin to take priority.

**TAURUS** (April 20 to May 20) The seasonal shift ignites the Bovine's creative aspects. You could do well if you try to combine your penchant for innovation with the more pragmatic demands of the week.

**GEMINI** (May 21 to June 20) Ideas come easily to you this week. And never mind that some might suggest they're unworkable and/or impractical. It's your vision that counts. Work them out and see what turns up.

**CANCER** (June 21 to July 22) Personal matters continue to dominate the early part of the week. By midweek, more workaday issues once again begin to emerge. Balance your time to give both the attention they need.

**LEO** (July 23 to August 22) A new contact could provide an expanded opportunity. But be sure you get all the facts before you consider signing on. Ask questions, and be wary if you don't get the right answers.

**VIRGO** (August 23 to September 22) An unexpected development could cause some supposedly resolved disagreements to reignite. Deal with the situation before it leads to some really serious problems.

**LIBRA** (September 23 to October 22) A clash of work-linked viewpoints needs to be discussed openly, honestly and calmly by all concerned before it can impede progress on an ongoing project.

**SCORPIO** (October 23 to November 21) The Scorpion's pragmatic side helps

you accept the possibility that a change of plans might be the wise thing to do. Be sure to weigh all your considerations carefully.

**SAGITTARIUS** (November 22 to December 21) Some people might not take no for an answer. Never mind. Keep your resolve if you're sure you don't want to be involved in a potentially sticky situation.

**CAPRICORN** (December 22 to January 19) All other facts and figures aside, it's what you learn about potential colleagues that can be most helpful in assessing any decisions you're likely to make regarding a new project.

**AQUARIUS** (January 20 to February 18) You might want to reconsider some of your outside commitments if they continue to demand more time than you can spare. Be honest with yourself when making a decision.

**PISCES** (February 19 to March 20) Pay attention to that inner voice of Piscean wisdom counseling you to remove those rose-colored glasses and take an honest look at any decisions you might face this week.

**BORN THIS WEEK:** You have a penchant for persuasion that would make you a fine candidate for a political career.

## THIS WEEK IN HISTORY

- On Sept. 26, 1580, English seaman Francis Drake returns to England, becoming the first British navigator to sail around the world. Drake had set out from England on Dec. 13, 1577, with five ships on a mission to raid Spanish holdings on the Pacific coast of the New World.

- On Sept. 27, 1869, in Kansas, Ellis County sheriff Wild Bill Hickok responds to a bar brawl and kills one man. Weeks later he killed a second man in the name of law enforcement. While his brutal

ways were effective, local citizens were less than impressed. At the next election Hickok was voted out.

- On Sept. 22, 1953, the world's first four-level interchange opens in Los Angeles at the intersection of the Harbor, Hollywood, Pasadena and Santa Ana freeways -- 32 lanes of traffic weaving in eight directions at once.

- On Sept. 23, 1969, the trial for eight anti-war activists charged with the violent demonstrations at the 1968 Democratic National Convention opens in Chicago. The trial turned into a circus as the defendants used the court to attack President Richard Nixon, the war, racism and oppression.

- On Sept. 25, 1978, a Pacific Southwest Airlines 727 jet collides in mid-air with a small plane over San Diego, killing 153 people. The Cessna's student pilot did not comply with air controller instruction to keep the plane below 3,500 feet altitude.

- On Sept. 21, 1989, the Senate Armed Forces Committee unanimously confirms President George H. Bush's nomination of Army Gen. Colin Powell as chairman of the Joint Chiefs of Staff. Powell became the first black American to achieve the nation's highest military post.

- On Sept. 24, 1996, bestselling author Stephen King releases two new novels at once. "Desperation" was released under King's name, while "The Regulators" was published under his pseudonym, Richard Bachman.

## STRANGE BUT TRUE

- It was noted author and Nobel laureate Ernest Hemingway who made the following sage observation: Never think that war, no matter how justified, is not a crime. Ask the infantry and ask the dead. He would know; he volunteered as an

ambulance driver on the Italian front during World War I.

- Poets, take note: The words orange, month, purple and silver have no rhyming words in English.

- Historians say that Queen Victoria didnt like knocking at doors; she preferred scratching.

- If youre interested in space, you are probably aware that the second person to walk on the moon was Buzz Aldrin. Most likely, though, you didnt know that his mothers maiden name was Moon. Aldrin kept this fact a secret from NASA -- he was evidently concerned that his bosses would think he was somehow trying to gain favor.

- Its been reported that in the early days of the Christian church, forks were considered to be inappropriate.

- Those who study such things say that deep-sea anglerfish mate for life -- the males life, anyway. The female is much larger than the male, and when they mate the male attaches himself to her abdomen where he remains, living as a parasite, until he dies.

- If you have detected the presence of the paranormal by olfactory means, youve experienced "clairalience."

- The ancient Inca believed that an eclipse was caused when the mood goddess was under attack by a giant snake. Whenever this event occurred, the Inca made lots of noise, believing that the cacophony would scare the snake away.

## THOUGHT FOR THE DAY

We now know that memories are not fixed or frozen, like Prousts jars of preserves in a larder, but are transformed, disassembled, reassembled and recategorized with every act of recollection. -- Oliver Sacks

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## Eden Energy Medicine

# Learn How To Overcome Stomach Upset



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Enjoying that chocolate cake for desert or the spicy marinara sauce, but know it will "talk back" shortly after the meal? How

often do we eat something we know will cause digestion gurgles, but the pleasure of the food outweighs the unpleasant consequences? Sound familiar? Or perhaps you eat a food that seems appealing and even healthy, but your body doesn't agree with the assessment. Whatever the reason, stomach upset after eating is uncomfortable, unpleasant

and can quickly dampen an enjoyable afternoon or evening.

There are numerous tools that will alleviate the upset, including the following. Each one takes about 30 seconds and if the upset is not gone, continue to the next exercise:

1. Press, buzz up and down the inside of the thighs, pushing in hard with your fingers. I like to make fists with both hands, placing my thumbs and index fingers beside each other and then place both fists between my inner thighs (while sitting) at the base of my pelvis; use the upper leg muscles to push against the fists as you move the fists down the thighs to the knees. It takes about seven squeezes to get to the knees. The points being influenced are small intestine neurolymphatic points, which release trapped toxins.

2. Stretch the abdominal area with your hands, working from the center outward or bend backwards to achieve an abdominal stretch

3. Do the ileocecal and Houston valve exercise (see prior articles or check my website or Energy Medicine book)

4. Press, buzz or circle the outside of the upper thighs, beginning at the hip area and work down toward the knees (large intestine neurolymphatic points)

5. Press, buzz or circle under the front rib cage, beginning midline and moving along under the edges of the ribs to the side of the body (more small intestine neurolymphatic points)

Now, after doing all of these, you can go to BIG ARTS for the performance, to the beach for sunset or just luxuriate in knowing you have the knowledge to heal yourself!

If you have a question, email Karen Semmelman at [SemmEnergyCenter@gmail.com](mailto:SemmEnergyCenter@gmail.com). Learn more at [www.semmelmanenergy.com](http://www.semmelmanenergy.com). EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions.✱

Read us online at  
[IslandSunNews.com](http://IslandSunNews.com)

From page 21

## CROW Events

**Friday, September 25, 2 to 3:30 p.m.**, \$20 per person, advance registration required – Wildlife Walk with Rehabilitators and Staff.

Southwest Florida is filled with fascinating wildlife, and CROW provides a unique opportunity to look into wildlife rehabilitation and meet the staff responsible for their care. Wildlife walks are the best opportunity for visitors to get an in-depth look into the inner workings of the hospital and the treatment process. The program has two parts: an introductory presentation covering medical and rehabilitation methods and then a guided tour through treatment areas of the hospital, concluding on rehabilitation grounds. Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. This program is open to all, but it is not recommended for children under the age of 13.

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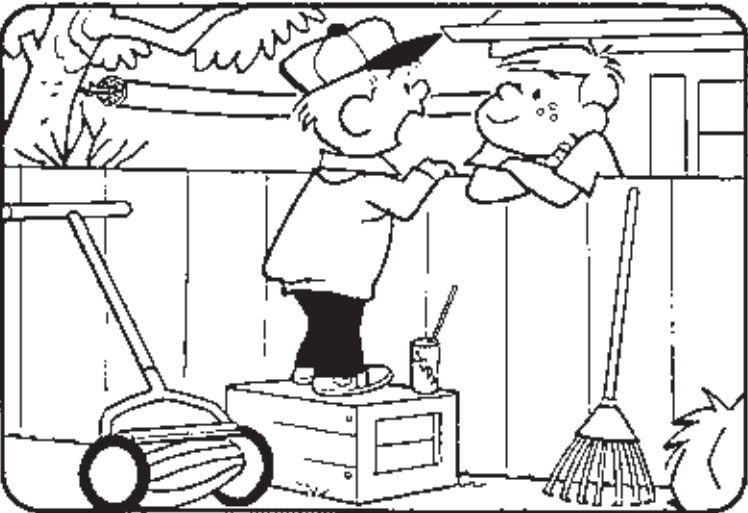
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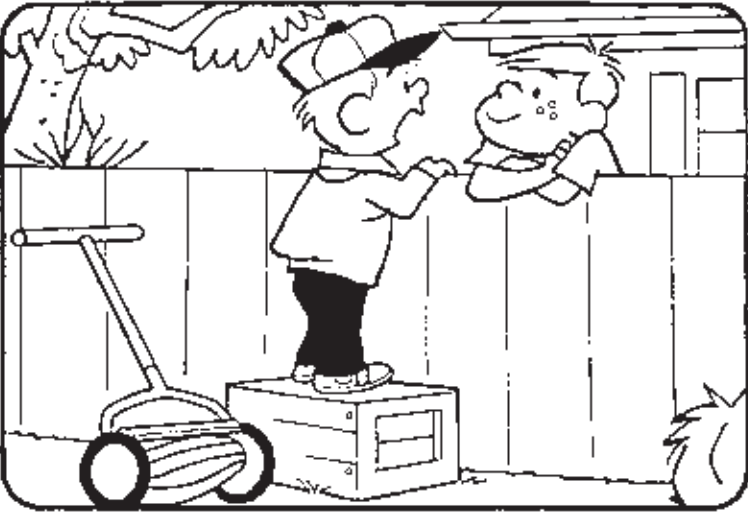


HOCUS-FOCUS

BY  
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Clothesline is missing. 2. Handle is shorter. 3. Sweatshirt is shorter. 4. Can is missing. 5. Crossed arms are switched. 6. Rake is missing.



"Must be for you—it's addressed to  
Jr."

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the page!

Grow

TROUPS

Ruling

DIRECTV

Bright

NONE

Gather

CURACE

TODAY'S WORD

answer on page 43

		5			2		9	
	6			8		5		
3			6					7
1			5					9
	4				7		1	
	9	8		4		6		
		1		5			2	
	8				9			3
7			1			9		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

answer on page 43

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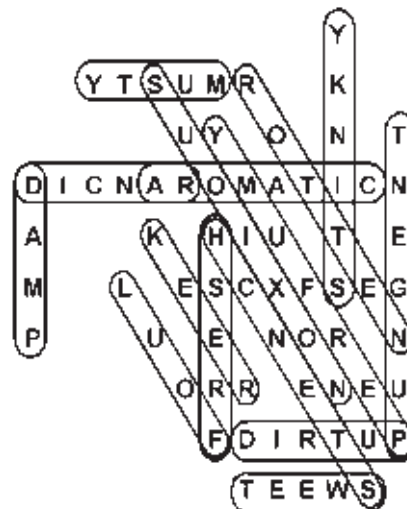
TAPED STAIRS ECO PUMP  
ALERO THESEA TANGENTS  
CLAIR EARTAG ARBOR DAY  
HUNT FOR WOODEN STATE  
SPUR PEI OSE ESC LAI  
THE IONSCHI WARE HOUND  
HASA GOD SSE ABDUL  
ASA IHK LIAH IHV ERE  
HOUSTON TOUTERFAWNED  
ARCH BIZ VESA SOC  
STERN TU EVA ITCHY  
USA AIMS DOWN THEE  
UNFORTUNATE WOODS  
RANK IOA COAX SHY IFE  
ABBES ACT FIG DOERS  
HAUNTED OTOFTOWNERS  
SGT RNA AP LOY ATNO  
TWO THO SANDFOURTEEN  
SPOOKIER EQUATE A RES  
BANNERAD RUNNER GOODE  
ASSI EDS SENSES UNIT

## KING CROSSWORD

AMIR CLEF MOW  
CONE AIDA ONE  
HONEYMOON OUR  
KEEN SENSE  
ADMEN BOGS  
GOOD BROUGHAM  
ONO CRESTIVE  
GENERALS ANON  
LOON BLEND  
CHINO VEAU  
RAG KEITHMOON  
ETH ELSA NICE  
WET DIAL ALTO

## MAGIC MAZE

### WORDS OF SMELL



## SUDOKU

8	7	5	4	1	2	3	9	6
2	6	9	7	8	3	5	4	1
3	1	4	6	9	5	2	8	7
1	2	7	5	6	8	4	3	9
6	4	3	9	2	7	8	1	5
5	9	8	3	4	1	6	7	2
9	3	1	8	5	6	7	2	4
4	8	6	2	7	9	1	5	3
7	5	2	1	3	4	9	6	8

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## SCRAMBLERS

*solution*

1. Sprout; 2. Verdict;  
3. Neon; 4. Accrue

*Today's Word*

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Whiskey Creek	Fort Myers	2013	4,098	\$2,495,000	\$2,300,000	131
Caprini	Miromar Lakes	2006	3,126	\$1,950,000	\$1,850,000	8
Navona	Miromar Lakes	2014	2,549	\$1,250,000	\$1,232,000	74
Whiskey Creek	Fort Myers	1971	3,800	\$1,100,000	\$965,000	58
Pennyroyal	Bonita Springs	1997	3,405	\$849,000	\$825,000	199
Dunes Sanibel Island	Sanibel	1977	2,380	\$779,000	\$705,000	869
Cypress Cove	Estero	2002	3,021	\$779,000	\$775,000	14
Savona	Fort Myers	2015	2,664	\$774,695	\$740,000	157
Sanibel Highlands	Sanibel	2004	1,946	\$625,000	\$600,000	16

Courtesy of Royal Shell Real Estate



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To WEBBS C. BELVAL:  
Pursuant to an *Order for Publication* signed by the Honorable Brian J. Amero on the 9th day of July 2015, you are hereby notified that a *Petition for Divorce* has been filed in the Superior Court of Henry County, Georgia, Case No. SU-CV-0821-BA, on March 13, 2015 a *Petition* which seeks to obtain a divorce from you. You may obtain a copy of this *Petition* from the Clerk of Superior Court of Henry County, One Courthouse Square, McDonough, Georgia 30253, 770-288-8022.

After you review the *Petition*, you must file your written answer and objections to the *Petition* with the Clerk of Superior Court. You must also serve a copy of your answer upon the Petitioner, whose address is as follows: Barbara Exil, 1255 Labonte Pkwy, McDonough, GA 30253. Your answer must be made within sixty (60) days of the *Order for Service by Publication*.

Signed this June day of 15, 2015 by Barbara A. Harrison, CLERK, Superior Court of Henry County, Georgia  
\*NR 9/11 CC 10/2

## VEHICLES FOR SALE

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\*NS 9/18 NC 9/18

### GOLF CART FOR SALE



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\*NS 7/17 BM TFN

## BOATS - CANOES - KAYAKS

### DOCKAGE

Hourly, Daily, Weekly and Monthly. Captiva Island 472-5800  
\*RS 1/4 NC TFN



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### GARAGE SALE

Friday 9/18/15 from 9am-1pm  
708 Mahogany Way  
Sanibel, FL. 33957  
\*NS 9/18 NC 9/18

## LIVE ON THE ISLANDS

**The Jacaranda** has live entertainment Friday and Saturday with Cruzan Vibes, playing reggae and dance. On Monday, it's Renata, playing funk, jazz and contemporary. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

**The Mucky Duck** on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on Tuesday; and Gene Federico plays on Wednesday.

**Sea Breeze Café at Sundial Beach Resort & Spa** has island style live entertainment on Mondays from 5:30 to 8:30 p.m.

**Traditions on the Beach at Island Inn** has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing R&B, jazz and pop. Woody Brubaker performs on Wednesday. Joe McCormick and Marvilla Marzan play on Thursday.

**The Island Cow** on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

**RC Otter's** on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to [press@islandsunnews.com](mailto:press@islandsunnews.com) or 395-2299.\*

## Cycling Safety Notes

Ride to the right

Warn to pass

Wear a helmet

Use lights at night

Always be courteous



**SANIBEL BICYCLE CLUB**



Pets Of The Week

**P**et Bio Name: Maxwell ID# 629720 Breed: Boxer Mix  
Sex: Neutered Male Age: 1 ½ Years Old Color: Black & White. I'm a great dog! Some of my exceptional qualities are: I'm loaded with personality and charm, I adore people and other dogs, I walk well on a leash, know my basic commands and I'm a handsome boy. All I'm lacking is you!

Adoption Fee: \$10 (regularly \$75) during Animal Services' "Fall In Love" Adoption promo.

Pet Bio Name: Emilia ID# 629041 Breed: Domestic Shorthair Sex: Spayed Female Age: 5 Months Old Color: Tortie. I like to give attention and love when I get some back. I'm also easy-going but playful and they tell me I'm "just the cutest thing!" I sure hope that will help get me a home soon. I've been at the shelter half of my life so I'm ready for my forever home.

Adoption Fee: \$10 (regularly \$75) during Animal Services' "Fall In Love" Adoption promo. Cats & kittens are also two for one adoption fee!

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at [www.LeeLostPets.com](http://www.LeeLostPets.com). When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older, flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

The adoption package is valued at \$500.✱



Maxwell ID# 629720



Emilia ID# 629041

PAWS Of Sanibel

Three Kittens

**I**t has been very busy for PAWS of Sanibel. It was reported that kittens were spotted at a motel along West Gulf Drive, and sure enough, the three kittens have now been trapped. All are over at Coral Vet for testing, spay/neuter, shots, etc. It's not clear at this point if they will be tame enough to adopt out to be indoor pets. If not, PAWS will be looking to find a relatively safe place where they can live outside, maybe in a pool cage, screened lanai or porch. Worst case scenario would be totally outside, but in an area where alligators are not nearby (freshwater ponds, lakes, etc.) and where coyotes have not been an issue. Of course, it would be preferable that they not have free roam of the neighborhood, but if they're totally feral, that might be the only alternative.

PAWS would love to find someone willing to take on kitties that will be outside, but who will provide them with fresh food and water daily. Contact Pam at PAWS of Sanibel at 472-4823 or [sanibelcat@embarkmail.com](mailto:sanibelcat@embarkmail.com) if you can provide any help with these kitties, be it financial, shelter, care, etc.✱



Two kittens



Two kittens

PAWS Of Sanibel

Lana

**L**ana is a one-year-old beauty and she's been at the vet since mid-August. She has been combo tested, spayed and had all her immunizations. She is now in a foster home and is ready for a forever home. Call Pam at PAWS, 472-4823 if you can make room in your home and heart for Lana.✱



Lana

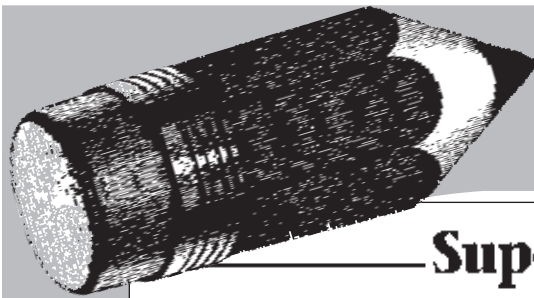
**Island Sun**  
NEWSPAPER  
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency .....	911
Sanibel Police .....	472-3111
Lee County Sheriff's Office .....	477-1200
On Call Captiva Deputy .....	477-1000
Fire Department - Sanibel .....	472-5525
Fire Department - Captiva .....	472-9494
Florida Marine Patrol .....	332-6966
Florida Highway Patrol .....	278-7100
Poison Control .....	1-800-282-3171
Chamber of Commerce .....	472-1080
City of Sanibel .....	472-4135
Administrative Office .....	472-3700
Building Department .....	472-4555
Planning Department .....	472-4136
Library - Sanibel .....	472-2483
Library - Captiva .....	239-533-4890
Post Office - Sanibel .....	472-1573
Post Office - Sanibel (toll free) .....	800-275-8777
Post Office - Captiva .....	472-1674
Sanibel Community Association .....	472-2155
Center 4 Life - Senior Center .....	472-5743
ARTS	
Arcade Theater .....	332-4488
Art League Of Fort Myers .....	275-3970
BIG ARTS - Barrier Island Group for the Arts .....	395-0900
Broadway Palm Dinner Theatre .....	278-4422
Fort Myers Symphonic Mastersingers .....	288-2535
Gulf Coast Symphony .....	472-6197
Lee County Alliance for the Arts .....	939-2787
Naples Philharmonic .....	597-1111
The Herb Strauss Schoolhouse Theater .....	472-6862
Sanibel Music Festival .....	336-7999
Sanibel-Captiva Art League .....	472-4258
SW Florida Symphony .....	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc. ....	565-7872 or 433-7798
American Legion Post 123 .....	472-9979
Angel Flight SE .....	1-877-4AN-ANGEL
Audubon Society .....	472-3744
CHR Community Housing & Resources .....	472-1189
Community Foundation of Sanibel-Captiva .....	274-5900
CROW - Clinic For The Rehabilitation of Wildlife .....	472-3644
FISH of Sanibel - Friends in Service Here .....	472-0404
Sanibel Island Fishing Club .....	472-8994
Horticultural Society of the Islands .....	472-6940
Horticulture and Tea Society of Sanibel and Captiva .....	472-8334
Kiwanis Club .....	677-7299
League of Women Voters .....	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald .....	302-521-1158
Master Gardeners of the Islands .....	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie ....	395-9232
Newcomers .....	472-9332
Notre Dame Club of Southwest Florida .....	768-0417
Optimist Club .....	472-0836
PAWS .....	472-4823
Rotary Club .....	472-7257 or 472-0141
Sanibel Bike Club .....	sanibelbicycleclub.org
Sanibel Beautification Inc. ....	470-2866
Sanibel-Captiva Orchid Society .....	472-6940
Sanibel-Captiva Power Squadron .....	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus .....	395-1202
Sanibel-Captiva Shell Club .....	395-1770
Sanibel Youth Soccer .....	www.sanibelsoccer.org 395-2040
United Way of Lee County .....	433-2000
United Way 211 Helpline 24 hour .....	211 or 433-3900
Zonta Club .....	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews Shell Museum .....	395-2233
JN "Ding" Darling National Wildlife Refuge .....	472-1100
Sanibel Historical Museum & Village .....	472-4648
SCCF Sanibel-Captiva Conservation Foundation .....	472-2329

To be listed in calling card email your information to:  
[press@islandsunnews.com](mailto:press@islandsunnews.com)





# BEACH CHAIR PASTIME

answers on page 43

## Super Crossword

DISORDERLY  
NEW YEAR

### ACROSS

- 1 Not live, as a TV show  
6 Flight in a building  
12 Nature lover's prefix  
15 Service station fixture  
19 Old Olds  
20 Chicken of (tuna brand)  
21 Digressions  
23 "The Cosby Show" wife  
24 Wild-animal tracking aid  
25 Tree-planting observance  
26 Try to find a figure of a person carved in oak?  
29 Goad  
30 Architect I.M. —  
31 Ending of sugar names  
32 Key next to F1  
33 Chou En  
36 Avid fan of German computer programs?  
42 — effect on (impacts)  
44 Divine being  
45 Compass bl.  
46 Singer Paula

- 47 Junst's org.  
48 Really bug  
51 One libbing  
54 R&B producer  
56 Ballena's jump  
57 Promoter of Texas  
62 Foot support  
63 "That's show —"  
64 Butte's kn.  
65 Pl. of SSN  
66 Not loniest  
68 Sound of rebuke  
70 Zsa Zsa's sister  
73 Releavable by scratching  
77 It's south of Can.  
79 Eyes a bull's-eye, say  
83 Fess (up to)  
85 "OI — I Sing"  
86 Hapless thugs caught in the rain?  
91 Prioritize  
93 Mauna  
94 Sweet-talk  
95 Like Bashful  
96 Writer Harper —  
97 French ecclesiastical

- 99 Drama part  
101 Newton  
103 Active types  
105 Nonlocals visited by ghosts?  
111 Mil. bigwig  
112 Viral gene material  
113 Light blow  
114 Myrna of film  
115 "... extra cost?"  
118 New year of which there are five anagrams in this puzzle  
124 More cerie  
126 Liken  
127 Buenos  
128 Promoter of the top of a Web page  
129 Sled feature  
130 "Johnny B. Good" (1956 hit song)  
131 Abbr. before "D.A."  
132 Sullivan and O'Neill  
133 Detects  
134 Pitch-dark

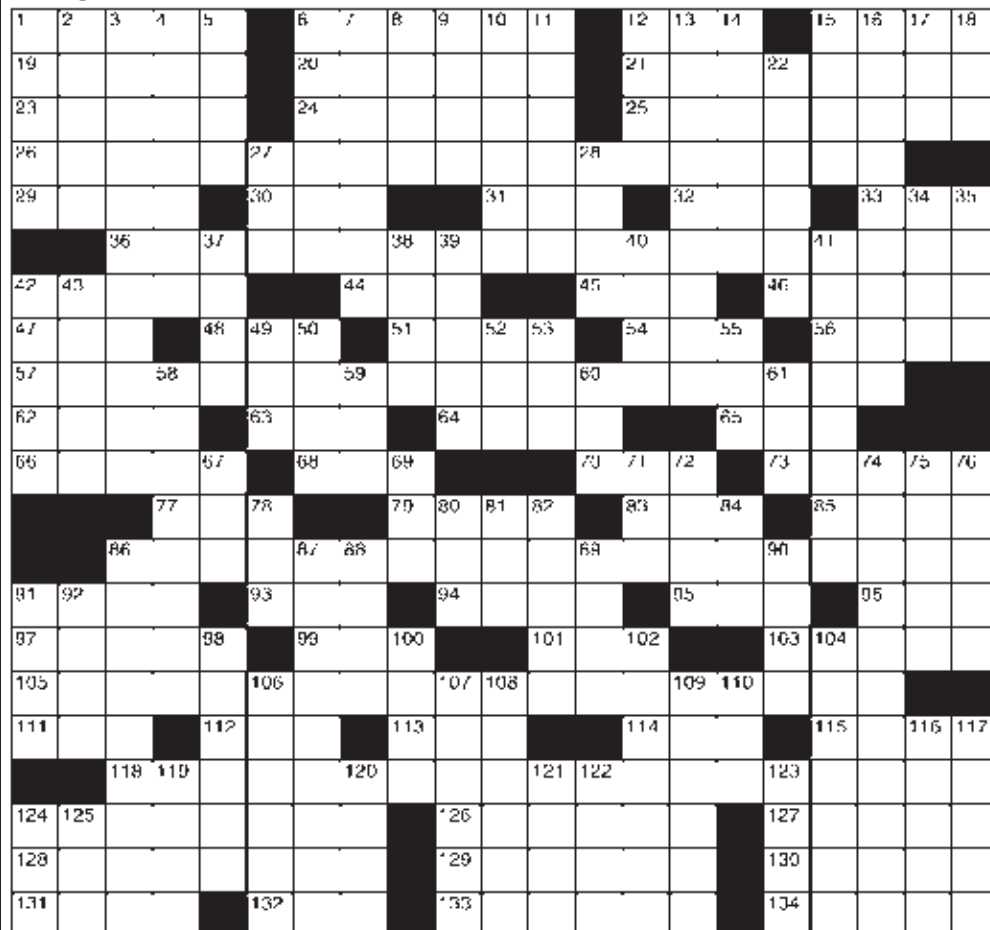
### DOWN

- 1 RPM gauges  
2 "To sum it —"  
3 Option for pad thai

- 4 African republic  
5 Tim Conway's "— on Golf"  
6 Audio system  
7 Deicing  
8 Sock y designed  
9 "What — be done?"  
10 Learn about via print  
11 Most sapient  
12 LGA guesses  
13 Period after Ford's presidency  
14 Safety at first or second  
15 Lima's locale  
16 Not cuped  
17 NYC bus insignia  
18 Ops  
22 "You tell her it!"  
27 Choose, with "for"  
28 The latest  
34 "What are you, some kind of —?"  
35 Not in use  
37 Army squad  
38 By oneself  
39 Hatred  
40 "Not likely!"  
41 Disapprove of

- 42 Responses to puns  
43 End a mission early  
49 Lowe of "Breakaway"  
50 Purl's partner  
52 Munched  
53 ipsa loquutor  
55 Beetles and Golfs, briefly  
58 Striveled up  
59 Shh —  
60 Singer Carly — Jepsen  
61 With 119-Down, "Absolute not!"  
67 Bounced check abbr.  
69 Creek letter  
71 Wedding part  
72 Blows away  
74 Egg yolks are high in it  
75 "Napoleon Dynamite" star Jon  
76 Positive RSVPs  
78 ISP of note  
80 Mag with an annual "500"  
81 "Little Red Book" author  
82 Work crew  
84 Utmost  
86 Loosens, as some shirts

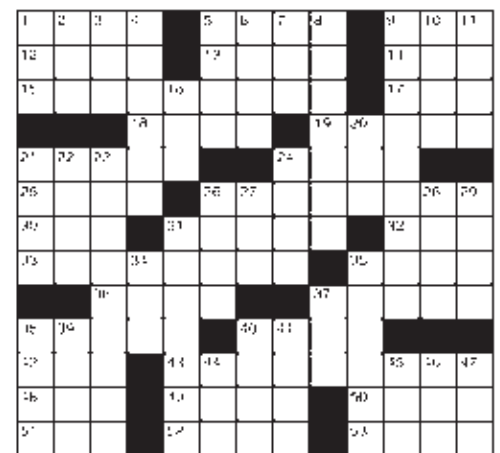
- 87 Future path  
88 Saltillo snack  
89 Take off  
90 Jekyll's antithesis  
91 School cheers  
92 All that and — of chips  
98 Hit from a '02 Down  
100 Ballena's suit  
102 Links peg  
104 Formal talk  
106 Not parka  
107 Electroshock weapons  
108 Not transparent  
109 Romantic hopefuls  
110 Big Apple sch.  
116 "— rem nd you that ...?"  
117 Advent  
119 See 61 Down  
120 Municipal laws, Abbr.  
121 U.S. Senate alumnus  
122 Manno and Rainer  
123 Prego nval  
124 Fed. loan agency  
125 Mas' mates



## King Crossword

### ACROSS

- 1 Eastern potentate (Var.)  
5 Musical symbol  
9 Do some sawwork  
12 Scoop holder  
13 Verdi opera  
14 Indivisible  
15 New yweds' rip  
17 "— Town"  
18 Acute  
19 Feel  
21 Mad son Avenue types  
24 Marshy tracts  
25 Suitable  
26 Horse-drawn carriage  
30 Yoko of music  
31 Top of a wave  
32 "— Got a Secret"  
33 Army pigwigs  
35 Soon, in verse  
38 Crazy bird  
37 Mix  
38 Kinky fabric  
42 Calf meat (Fr.)  
42 Tatter  
43 The Who drummer



- 48 Ordinal suffix  
49 "Born Free" heroine  
50 Pleasant  
51 Drenched  
52 Use a rotary phone  
53 Saxophone range  
8 Splays  
9 Backwoods' beverage  
10 Burden  
11 "The Way We —"  
16 Longing  
20 Early bird?  
21 Eager  
22 Finished  
23 Hold two jobs  
24 Employer  
26 Cereal choice  
27 Prot. or Cath.  
28 Shakes-peere's river  
29 Repair  
31 Bent  
34 A billion years  
35 Bryn Mawr graduate, e.g.  
37 Scrooge's cry  
38 Staff  
39 Loathe  
40 Passport endorsement  
41 And others (Lat.)  
42 Inventor  
43 Whitney  
45 Lubricate  
46 Autumn mo.  
47 Ultra-modern

## MAGIC MAZE • WORDS OF SMELL

L W T Q N J G D A X U R O L J  
G D A X V S P N K I F C Y A X  
V S Q O Y T S U M R L J K H E  
C A X V T R P U Y N O L N J T  
H F D I C N (A R O M A T I C) N  
D B A Y X V K T H I U R T P E  
O M M K I L G E S C X F S E G  
E D P B Z X U W E U N O R T N  
R Q O N L J J O R G E N E U  
F D C A Y H S I F D I R T U P  
Y X W V T S R P O I E E W S N

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Aromatic	Musty	Putrid	Stench
Damp	Noxious	Rancid	Stinky
Foul	Perfumed	Reek	Sweet
Fresh	Pungent	Rotten	



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